

# THE NEW WOODEND STAR



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North Woodend, Hanging Rock, Carlsruhe, Cobaw.

**AN INITIATIVE OF THE ROTARY CLUB OF WOODEND**

July 2011

A Monthly Community Periodical

First Publication 1997

Volume Fifteen No 7

## Automatic Defibrillator provided by Rotary Club of Woodend

Local Rotarians, MPs and Councilors were on hand this week for the official launch of the placement of an Automatic External Defibrillator, or AED, which occurred at the BP Service Station in Woodend.

Following another successful luncheon in April the Rotary Club of Woodend purchased the AED for the community. *The project titled 'Jumpstart' has been enthusiastically supported by the Rotary club ever since we conducted CPR and AED training for our members last year. We raised a substantial amount of money from the luncheon but have also been the recipients of a significant donation from Delta V Experts, a company owned and operated by local resident Shane Richardson stated President Brendan Watters.*



(L-R) Rotary Woodend President Brendan Watters, Dr Shane Richardson (Delta V Experts), Derek Penglis (BP Manager), Grant Hocking (Community Services Director Rotary Woodend)

Rotary Community Service director and Intensive care paramedic Grant Hocking stated *defibrillators were proven to improve outcomes following cardiac arrest. AED devices are now mounted on walls at major shopping centers, airports and some workplaces. Whilst Woodend has a very good ambulance service which is soon to see an increase in staff, the earlier an AED is used, improves the potential for a successful outcome following cardiac arrest. It's important to have an AED on hand to provide defibrillation as soon as possible, the paramedics can then add in the extra care on arrival.*

The AED chosen has instructions on the pads and view screen as well as voice prompts to make them very simple to use. It also provides instructions on performing CPR and meets all current Australian standards for CPR and defibrillation.

The selection of the site was important as it was deemed vital that the AED be always available to the whole

community at a central location. The placement of the AED at the Woodend BP Service station means that the AED will be very accessible to all parts of the Woodend community and available 24 hours a day 7 days a week. Management of Woodend's BP have been very accommodating in allowing the AED to be placed within their premises. *Having it available for the whole community of Woodend was our goal which we have been able to achieve* said Grant.

The placement of an AED in the community was enthusiastically supported by Rotary members following the training last year and it is now a reality. The idea is already being picked up by other Rotary clubs, with Melton Valley Rotary club liaising with Woodend Rotary to place a device in their community. The clubs purchased AEDs on the same order and will be supporting each other by sharing a training device. *My plan is to now send the Project Jumpstart package to other Rotary clubs with the hope that it is picked up across Victoria and Australia,* said Grant.

The AED will also be registered with Ambulance Victoria. This will ensure that people are advised of its location when emergency calls are made from the Woodend area in relation to a collapse or cardiac arrest.

*Whilst the AED is very intuitive to use without any training the Rotary Club of Woodend is also planning to provide training sessions for the community. I know that people may feel apprehensive about using an AED but can assure people that it is safe and easy to use,* said Grant. Training sessions are planned for the following dates at Neighbourhood House, Forest St, Woodend, Tuesday 5<sup>th</sup> July at 7pm, everyone is welcome and encouraged to attend the training session/s, no prior knowledge is required. The aim is to have as many community members as possible trained in AED use to increase the possibility of its use when needed.

Submitted by Rotary Club of Woodend

## Depression Awareness Goes Local 6 Different Nights 6 Different Towns 6 Different Ways To Find Help Locally

The Macedon Ranges Shire Cultural Development Unit and Macedon Ranges Neighbourhood Houses are proud to announce the third instalment of Let's Break the Silence focusing on depression awareness. This year will see the event go local and with the help of Neighbourhood Houses we will be doing 6 community awareness nights covering most of the Shire.

Depression and anxiety can affect anyone, anywhere, at any time. These information sessions are for all people affected by; or care for persons dealing with depression, mental

*continued on page 2*



## New Members

### The Rotary Club of Woodend

Put something back into this great community and be part of a worldwide organisation that helps build goodwill and peace allowing ordinary people to achieve extraordinary things and bring about exceptional change in the world.

Contact Brendan 5422 6442

## The New Woodend Star

An initiative of the Rotary Club of Woodend Inc.  
The Bank, 75 High Street, Woodend, Vic. 3442  
ABN 32 685 225 161 No. A0021518E

Layout & printing by Collier Office & Business Assist  
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Committee: Barry Napthine, Ivor Johnson, Claudia Green, Brendan Watters, Alexia Downie, Sue Macklin & Jane Watters

**Closing date for inclusion of articles or advertising for each issue is the 15th of the month prior to publication**

### Information for advertisers

All rates include GST & are priced per month.

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#### Woodend Star Publication Dates for 2011

August      August 1<sup>st</sup>      September      August 29<sup>th</sup>  
November      October 24<sup>th</sup>      October      October 3<sup>rd</sup>  
December      November 28<sup>th</sup>

*Changes to advertisements, new advertisements or cancellations must all be made by email or in writing. All advertisements will be placed and charged for until notified otherwise.*

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Continued from page 1

illness and anxiety. Depression is more than just a low mood - it's a serious illness. While we all feel sad, moody or low from time to time, some people experience these feelings intensely, for long periods of time and often without reason. People with depression find it hard to function every day and may be reluctant to participate in activities they once enjoyed.

Depression is one of the most common of all mental health problems. One in five people experience depression at some stage of their lives

This is our motto and the goal of holding Lets Break the Silence goes Local: "Depression and Mental Illness touches more people than all of us often acknowledge. Our aim is to make the community more aware- we as a community can make a difference by making it easier for people to get the help they need and supporting them along the way."

- Lancefield – Tuesday August 9<sup>th</sup> at 7pm – 8.45pm, Lancefield Neighbourhood House, 78 High Street, Lancefield Contact: Vivien 5429 1214
- Gisborne – Thursday August 11<sup>th</sup> at 7pm – 8.45pm .Macedon Ranges Further Education, Hamilton Street, Contact: Marilyn 5428 3799
- Riddells Creek – Friday August 12<sup>th</sup> at 7pm – 8.45pm Riddells Creek Neighbourhood House, 59 Main Road, Contact: Henni 5428 7836
- Kyneton – Tuesday of August 16<sup>th</sup> at 7pm – 8.45pm Kyneton Community & Learning Centre, 34 Mollison Street, Contact Mary 5422 3433
- Romsey – Wednesday August 17<sup>th</sup> at 7pm – 8.45pm Romsey Community House, 96-100 Main Street, Contact: Amanda 5429 6724

Woodend – Thursday 18<sup>th</sup> of August 2011 at 7pm – 8.45pm Woodend Neighbourhood House, 47 Forest Street, Contact Sarah 5427 184

Submitted by MRSC Cultural Development Unit

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## Sustainability Group Opens Gardens

During the winter months when garden produce is low, and in place of the regular home produce exchange on the first Saturday of the month, The Macedon Ranges Sustainability Group opens select local, representative and inspirational gardens to the public.

Come along on July 2<sup>nd</sup> and August 6<sup>th</sup> from 10am-12pm to visit new gardens, meet local gardeners, exchange knowledge and ideas and be inspired!

Meet in the permaculture garden at the back of the Woodend Neighbourhood Centre- 47 Forest St Woodend from 9.30 till 10.30 to get an address and directions to the garden.

An entrance fee of \$5 will be charged if you are not yet a member of MRSG, or become a member on the day and waive this fee. A gold coin donation is welcomed from members.

For further information please contact Cathy Thesing Treasurer 0418 352 850 treasurer@mrsgonline.org.au

Submitted by Macedon Ranges Sustainability Group

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## Woodend Rainfall Report 2011

Each month we add the rainfall details and the year to date total. Our rainfall report shows, 2005, 2006 2007 2008 2009 and 2010 comparisons. Please note that your own rainfall readings may not exactly match these.

	2006	2007	2008	2009	2010	2011	
January	49.8	83.5	17.1	0.08*	54*	227.5	Jan
February	53.1	27.4	22.1	2.5*	71.5*	115.0	Feb
March	20.6	35.7	25.4	42.5*	121*	35	Mar
April	46.4	20.2	20.4	51*	45	63.5	April
May	58.8	95.7	43.7	30.5*	39	73.5	May
June	36.0	105.1	88.7	66.5*	98.5		June
July	91.6	83.3	112.5	76.5*	87.5		July
August	30.8	34.8	52.2	107.5*	148.5		Aug
Sept	50.6	49.8	42.0*	88.5*	97		Sept
Oct	5.2	12.1	13.0*	46*	154.5		Oct
Nov	13.0	91.0	67.2	99*	193		Nov
Dec	31.0	101.2	96.0*	60*	93		Dec
<b>YTD:</b>	<b>486.9</b>	<b>739.8</b>	<b>600.3</b>	<b>670.5</b>	<b>1202.5</b>	<b>524.5</b>	<b>YTD</b>

Figures for 2008, 2009 & 2010 include information from a different location indicated by\*.

2011 Rainfall to date total in inches = 20.6 inches

For the year of 2010 there was rainfall of

**1202.5mm**

1 inch = 25.4 mm therefore the total year 2010 is 47.34 inches

## The Hawk Report

The Hawks have capped off a busy month with some terrific results on the field and on the court. Well done to everyone for playing a part in these victories.

Many thanks to the local sponsors who joined us at our Sponsors Luncheon on the 25th. It was great to see so many of you in attendance and we trust you enjoyed hearing from Hawthorn legend Peter Knights and some of his incredible stories from his time in the big league.

Our Under 18's are looking like the real deal, sitting comfortably in the top 4 and will be a genuine threat as we move to the finals. Keep working hard boys and the results will look after themselves. I urge all of you to get behind the team.

Winter is certainly well upon us in Woodend, but we would like to remind all of the community that the social rooms are open during the home matches. They provide a great vantage point to watch the game from while being a warm spot to gather with the family. There are always plenty of kids around – so bring the nippers along on the 16th as we try to get one back on the Kangaroos.

The Hawks are very pleased to be staging our Major Event on the 23rd July at St Ambrose Hall when 'Damian Mind Master' comes to town to have some fun at our expense. Damian is one of the premium hypnotism/comedy shows going around – and these nights will turn the sceptic into true believers. A lot of fun!

BYO food with full bar service. Tables of 8 can be booked by calling Shelley on 0407 528 044.

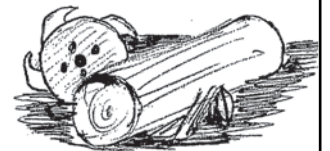
### WHFNC July Fixture

July 2nd vs.	Diggers Rest	Away
July 9th vs.	Riddell Creek	Away
July 16th vs.	Sunbury Kangaroos	Home
July 23rd vs.	Romsey	Away

Submitted by Jock Allen

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## Woodend Primary School – Divisional Soccer Champions

On the 14<sup>th</sup> of June, the Woodend PS boy's soccer team travelled to Huntly near Bendigo to take part in the Divisional Soccer Championships.

The day was broken into 6 games each lasting 20 minutes. The results of our qualifying games were as follows:

- |                               |     |      |
|-------------------------------|-----|------|
| • Woodend vs Huntly           | 1-0 | Win  |
| • Woodend vs White Hills      | 3-0 | Win  |
| • Woodend vs Strathefieldsaye | 4-0 | Win  |
| • Woodend vs Spring Gully     | 1-1 | Draw |
| • Woodend vs Kennington       | 0-0 | Draw |
| • Woodend vs Echuca           | 4-0 | Win  |

Our game against Spring Gully P.S was the highlight of the qualifying rounds. Early in the first half, Spring Gully unfortunately scored the opening goal. This put the boys under a lot of pressure as it gave them the upper hand going into the break. During the second half, the ball spent most of the time in the boy's defensive half. Our defenders did an awesome job and Emil was a star, leaping and diving, stopping many attacks on our goal. Three minutes before the end of the game, the ball spilled out from a goal kick. Daniel sprinted away from the mid field and passed to Callum who was waiting up forward. Callum used his excellent foot skills to dodge two opponents and pass the ball off to Tom, who struck the ball well to kick the equalising goal. The game ended in a 1-1 draw and meant that we would make the finals on goal difference.



In the Grand Final we played St Marys Echuca. Their team looked very talented and the boys new they would need to try very hard. The pressure was high and both teams really wanted to win. From the first kick, our boys went on the attack. Our attacking field structure created early chances and Tom was able to convert our first. From here we did not stop attacking and put their defence under a lot of pressure. St Marys gave away a penalty in the final minutes of the game which Daniel skilfully converted. This put the game out of St Mary's reach. The final scores were 2-0.

I would like to thank Mr Spilsted and the parents who came along to support us through our day. We could not have done it without you.

By Owen Hughes (Captain)

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Poster run:: (Putting up posters in Woodend).

Woodend Poster Run Volunteer can look forward to a double pass to shows at the Town Hall -- Kyneton and surrounding areas presented by the Cultural Development Unit.

Call Terry Moore at the Cultural  
Development Unit on 5422 0383 for  
more information.



## The Rewards of Volunteering.

The moment of realisation for Stewart McKinnon came at footy training one night when the rain was coming down sideways, it was about 4 degrees, and he was taking the session by himself. *My son wasn't even in the side, all the parents were sitting around the oval in their cars with the motors running to stay warm and I thought, 'Thanks for giving me this opportunity to be close to these boys.' It was a special moment, and it happened because I chose to be there.*

As he prepares to hand over the reins at the end of this year, Stewart will end his involvement with the Woodend Junior Footy Club, where he has held coaching and office bearer positions for eight years. His attention is now on basketball.

Stew was born in Broadmeadows, and grew up around Essendon. His early entrepreneurial exploits included 5.30am starts as a paper-boy and after school on his bike as a chemists' delivery boy, taking medicine to people in their homes and at nursing homes. But the most lucrative job for the boy who was keen to stay off the streets and earn a dollar, was selling newspapers at Flemington Racecourse on race days. He recalls the paper-boys favourite trick, handed down through industry forbears, was to wait till the revellers at the Spring Carnival were feeling jolly, and then sell his Herald hat to the highest bidder. His main sporting focus then was junior basketball, football, swimming and indoor cricket, where he sustained enough injuries to drive his mother to despair.

Early in his married life, Stew had a sideline business as a carpet layer around his home at Hoppers Crossing. As the fifth baby was on the way, housing affordability is what pushed them out this far, and Woodend has been home since 1999.

Having children at school enables a quick entrée into the local community, and Stew says he attended a few working bees at the school and was then motivated to join the Woodend CFA when they did a recruitment drive in 2001/02. *It blew me away that they were volunteers, because being from the city, I just assumed they were paid members. My motto has always been "Someone's gotta do it, and sometimes you're that someone,"* he says. Previous experience volunteering at a

Children's Park in Werribee was so rewarding that Stewart was happy to do more. With the CFA, Stewart is a driver and crew leader, structural fire fighter, and is PPE and Rescue trained. He has attended all of the recent campaign fires including Black Saturday at Kinglake, Anakie fires in the north-east, and the big Woodend fire a few years ago.

It is through junior football that Stewart has made his biggest contribution however, and that began when son Jack began playing in 2004. *I knew Neil Le Nepveu through school and mutual friends, and so I began as his assistant coach. I got a real buzz out of being with the kids, and getting to know the boys. I get that back tenfold now, almost every time I walk down the street, because those juniors are now seniors and we've got plenty to talk about.*

In 2007 Stewart became Treasurer on a very motivated committee. *We set about transforming the venue. When one boy hit his face on the ground it was hard as concrete - he might as well have hit concrete. A few of us watered around the clock using just one sprinkler to try and soften and green the ground, but it was fairly ineffectual.*

Good relations with the Macedon Ranges Shire Council and some serious planning and fundraising saw ground improvements, a proper irrigation system, a proper boundary fence and upgraded lighting which all helped to accommodate the growing player list that went from 130 to 190 players. *I'm very proud of what we achieved there, both with the venue and the club. Our philosophy was based on "fair game time and rotation" which gave all the kids a fair go. We introduced club apparel, which instilled a sense of involvement and belonging for the kids, and the win/loss ratio was considered neither here nor there. It was more about getting involved and a sense of belonging. We've got a great bunch of new people, so now that my son and daughter have both finished with footy, it's time for me to hand over and let it evolve with the next generation."*

As the dynamic Michael Grantham and Deb Stidwell have stepped down from their roles in the basketball association, Stew is taking on the job of treasurer. *It's been very well set up, so I just have to step in and learn the job. Three of my girls play basketball, so it's a logical place for me to be. One of our big projects is getting two more courts for Buffalo Stadium. All the sporting groups have agreed on a conceptual set of plans, which the Shire has endorsed. Now we need to raise the money and make it happen.*

So where does somebody find the time to work as an IT professional at Tooronga, volunteer and be a parent to six children? *I get enormous satisfaction out of what can be achieved, and pride in building relationships with people and so I just don't watch TV. I do follow the mighty Kangaroos, and enjoy working on my family tree (the latter suffering due to a lack of time). There are a lot of wonderfully motivated people in Woodend, and I love living here. It's a great place to be.*

Written by Kathy Mexted, Freelance writer, photographer, copyeditor, social media enthusiast 0403 927-940



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**All local groups, clubs and committees are invited to submit articles for publication**



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**Taking Term 3 Enrolments for Playgroup**

Woodend Playgroup, situated in Forest Street, is a self funded organization, where parents and children can meet on a weekly basis. The playgroup has great facilities both indoors and outdoors catering for children aged 0-5. Each week we have a different activity for the children to enjoy.

Coming up in Term 3 and 4, Woodend playgroup will be offering a series of various information sessions for existing members. This month we are offering Paediatric first aid, as well as nutrition information for a healthy immune system throughout winter.

We recently held our Open Day which was a great success raising \$365 for Playgroup. We would like to thank all those who made cakes for our stall, helped out and came along. We would also like to thank Jo Irwin from Mini Maestros, Margaret Gaal and Josh from Rainbow Eggs who all made special appearances.

On the 27<sup>th</sup> of August we are holding a Trivia Night at St. Ambrose Hall as a fundraiser for Playgroup. The event will be hosted by professionals and will be a great night to be enjoyed by all. So members, keep this date free and start organizing your table!

We are always welcoming new members to join us, so if you have just moved to the area, or are wanting to meet more people in our community, then playgroup is the perfect place to meet other families. Our sessions run every day of the week and groups cater for children of similar age. We are currently taking enrollments for term 3 and are also still looking for more 1-2 year olds to start a new group on Tuesdays.

For enrolments and enquiries for any of our groups, please call Emma on 54271867 or 0447621855.

Submitted by Sarah Copland

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## Successful Open Day For New Veterinary Centre

Despite the terrible weather, the open day for Tony's Practice new Veterinary Centre was an overwhelming success. Over 500 people turned up to view the new facility and meet with racing legend Sub Zero.

Sub Zero was very popular with all who attended along with Hip Hop Bob, Timmy the sheep from Edgar's Mission and a variety of other small baby animals. The animals were all housed in the new Equine facility along with the jumping castle and CFA barbeque. While logistically challenging, Veterinary demonstrations were also provided to interested onlookers.

Puppy school demonstrations, face painting and stalls from RSPCA, Macedon Ranges Animal Aid, and Staffordshire Bull Terrier Club Rescue were all contained inside the reception area of the centre, out of the bleak weather. Balloons, a colouring competition and hand outs kept the children happy, and a mock operation on a giant dog proved entertaining for all.

Tony, Tash and staff would like to sincerely thank the local community for the outstanding support they have given the practice during the transition from Anslow Street to our wonderful new building on the corner of Wood & Brooke Streets, Woodend. Drop in or phone anytime if you missed out on a tour and we will be happy to show you around. Phone 03 5427 9200.

Submitted by Camille Tynan

## Cambodian Kids Foundation

The Cambodian Kids Foundation is a non-profit, non political and non-religious organisation which is based and run from Woodend, and Phnom Penh, Cambodia.

Recently, the focus of the foundation has been to establish two major projects.

The first is a sanitation project to provide all 41 houses of Soksan Village, Kampong Thom, with much needed toilet and sanitation facilities to ensure privacy, hygiene and no more contamination of well water used for drinking.

The illnesses of constant diarrhoea and typhoid are chronic issues in Soksan village, mostly affecting young children and taking them away from their education, and their parents away from earning an income. Fortunately, due to a \$10,000 grant provided by the Just Peace Foundation towards this project, we are pleased to say this sanitation project is fully funded. Because all the research surrounding this project has been done by one of our many volunteers partnering with our Khmer staff, all we now have to do is provide hygiene and sanitation education and build some latrines!

The second project we are seeking funding for is to expand on our free education facilities. The Cambodian Kids Foundation currently has a free school for village children, however it was only built for 150 students, and we now have over 700! So it is time to expand our school. By building this new facility it will give our Cambodian friends the education they need and want.

This school, Soksan International School, will be the largest free school in Cambodia, but we need your help. To give to this amazing project, which will continue to provide the facilities that these hard working students deserve, and more, contact [donna@cambodiankidsfoundation.com](mailto:donna@cambodiankidsfoundation.com) or for more information please see [www.cambodiankidsfoundation.com](http://www.cambodiankidsfoundation.com). Any amount helps, and it is guaranteed that 100% donated actually goes towards this project and is fully Tax-deductible. Please give generously.

Submitted by Lynsey Ward.

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## CFA Fundraising Brunch

The fundraising breakfast for Woodend CFA has been rescheduled for Sunday 24<sup>th</sup> July and since it's a Sunday, will start at 10am for all of those looking for a lie in!

Come and Join us at *Zarbys* for a cosy hot brunch and enjoy a glass of bubbles and some wonderful entertainment from *Women of Note*. There are free showbags with lots of give aways and special offers kindly donated by *Color Me Cooper* on behalf of *Cambodian Kids* and *Bella The Cut and Color Salon*.

Why not indulge yourself and/or grab a bargain with some of the great auction and raffle items available to purchase on the morning and help raise some much needed funds for the Woodend Fire Brigade to boot.

Tickets available at \$35 from Zappa-do 3/87 High Street Woodend or Julie 0425 758055. Look forward to seeing you there.

Submitted by Julie Wilson-Annan

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## Woodend Auxiliary of the Kyneton District Health Service

The Woodend Auxiliary of the Kyneton District Health Service is proud to report that another very successful raffle was held for Mothers' Day.

The raffle raised in excess of \$900, and the winner was Leanne from Romsey; second and third went to two well known supporters from Woodend, Liz and Mary.

As always, we are very grateful to the people of our Ranges area for their generosity, and of course to Coles Supermarket for allowing us to use their space.

As winter presses in, some of our members are behaving like swallows - leaving for warmer places, so we have decided not to have our usual August meeting.

Our next meeting will also be our Annual general Meeting, at which we usually ask the CEO of the Hospital to speak, details in a later edition.

Submitted by Jo Clancy

## What's New

### OUR BATH GIFT QUACK!

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**Dollars that may save lives**

The Macedon Ranges community is urged to dig deeper to fund medical equipment for ambulances.

An appeal launched this month by the revitalised Woodend Ambulance Auxiliary has raised \$5200 but a further \$23,000 is needed to purchase the equipment deemed vital to transporting patients from rural regions to metropolitan hospitals.



The auxiliary aims to purchase vacuum mattresses, ventilators, syringe pumps, fridges, vacuum arm and leg splints, and mobile phones.

Woodend Ambulance Team Manager Murray Kennedy said donation boxes were located across the shire and Woodend businesses and residents in particular had already been generous.

*We hope to see more donations coming from the Macedon/ Mt Macedon area as more people become aware of the new "Macedon" ambulance operating out of Woodend from July 11.*

Mr Kennedy said the Macedon unit would service the Macedon Ranges at peak periods of the day, and would be joined in October by two state-of-the-art Mercedes sprinter vehicles.

*I urge everyone to give so we can get the best equipment onto these new ambulances. This equipment is vital so that our paramedics can further enhance our service delivery to the entire community. Our aim is to get you to the best hospitals with as much comfort and care as possible.*

The new equipment being sought would ensure the 24-hour rostered vehicles at Woodend offer optimal comfort and care.

Among those who have answered the ambulance auxiliary's call for financial support is Frank Gorlitz, owner of *Schatzi's Restaurant* in Woodend. Frank, a regular and generous contributor to health related charity causes, has agreed to match all donations made into his restaurant's donation box.

*We are so grateful to Frank and local businesses such as MR Projects, Joan Gladman Real Estate and the 19th Hole Shopping Centre for their support,* said Mr Kennedy.

Improvements to the regional ambulance service coincide with an increase in paramedics from seven to fifteen and a major redevelopment of the branch depot. Two Graduate Ambulance Paramedics (GAP) students joined the Woodend crew this week.

Donation boxes for the Woodend Ambulance are at: Woodend Pharmacy, Schatzi's restaurant, Westpac Bank Woodend, Commonwealth Bank Woodend, Woodend Newsagency, The Village Larder, Brooke Street Medical Centre, Macedon Post Office, The Trading Post Mt Macedon and Woodend Ambulance Station (4 Nicholson Street). All donors will be acknowledged.

Submitted by Nadine Hartnett

# Eating Out, In & Around Woodend

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This year it is a...  
MEDIEVAL BANQUET and the menu is listed here.

Friday nights have shown to be a great way to meet up for a casual get together. The menu has the flexibility for a snack over a glass of wine or a full meal; whatever you need to kick start your weekend.

Foods we are enjoying at the moment are quince, persimmons, chestnuts, pears, apples, potatoes, pumpkin, cauliflower, custard apples, cabbage, mâche and kale. Find these in our daily seasonal menus, plus our Friday and Saturday evenings.

## HOURS

mon	8.30 - 4
tues	8.30 - 4
wed	8.30 - 4
thur	8.30 - 4
friday	8.30 - 9pm
saturday	8.30 - 4 6.30 - 9pm

**SATURDAY**  
**JULY 2**  
Potted rabbit  
with capers

Osso bucco alla  
Milanese

Chocolate and  
chestnut  
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**SATURDAY JULY 9**  
**PAULA WOLFERT MIDDLE EASTERN MENU**

\*Pita with fresh sheeps milk  
cheese

\*Batenjal m'charmél  
(eggplant salad, Algeria)

\*Muhammara  
(red pepper and walnut dip, Syria)

\*Ispanak kavurmasi  
(spinach sauce, Turkey)

Egyptian style baked squab  
Morchan  
(chick pea and swiss chard salad, Tunisia)  
Wheat berry salad  
Stuffed cabbage

Anatolian rice pudding

**SATURDAY JULY 23**

Quenelles with sorrel sauce  
Oxtail ragu with fresh pasta  
Clafoutis with preserved cherries

**MEDIEVAL BANQUET**

**SATURDAY JULY 30**

Cured mackerel and a dish of weeds

Lamb with quince  
Stuffed aubergines  
Stewed turnips

Rice fritters

Cheeses, fruits and castagnaccio

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FOR ALL ENQUIRIES AND RESERVATIONS CALL 5427 2007 or visit our website at  
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## Campaspe Country House Winter Wine Series

Engage your senses with Campaspe House's "Winter Wine Series" ... throughout the cooler months we will be featuring a wonderful range of exciting dinners. Starting with Rochford Winery on 9<sup>th</sup> of July – Harvest your 5 senses – Smell the bouquet of Rochford wines, Touch the heart of a loved one and make a weekend of it, Taste the decadence of exquisitely matched food and wine, Hear the laughter of friends during a great evening, you might even See snow!

Followed by a celebration – It is the Season to be Jolly with our very popular Christmas in July, welcomed with mulled wine followed by a traditional Christmas feast (on 29<sup>th</sup> July – first night already sold out! We will be finishing with Cope-Williams Winery with wine maker Gordon's extensive selection of wines and over 30 years of wine knowledge in the region on the 17<sup>th</sup> of September.

Imagine arriving on a chilly evening, to a warm welcome and a glass of sparkling wine in front of an open fire. You and your guests will then be treated to an evening of elegant dining, matched with exceptional local wines.

These wine dinners are always popular, so please contact us to make a booking and ensure you don't miss out!

Why not make a weekend of our Wine Series dinners, enjoy a short walk to your warm room waking up to a full country breakfast – special offer of an additional \$199 per double. For reservation & enquiries phone 5427 2273 or email [reservations@campaspehouse.com.au](mailto:reservations@campaspehouse.com.au)

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## Perfect Partnership

Trish Mitchell had been at Café Colenso in Woodend for almost five years. For the last two years of that time she had owned it. "I was really exhausted and I needed a break. When I sold the café I remember saying I would never own another" she recalls.

On the other hand, Craig Steans had worked as Trish's chef. When Trish sold, Craig realised he wanted his own café. "I looked at about five cafés in Woodend, Gisborne and Kyneton. None of them were quite right then Trish mentioned The Baytree Coffee Shop was up for sale."

Craig wanted a café/restaurant rather than a coffee shop. The dining areas and the garden also needed a makeover. "It was too big a project for me to handle by myself" he recalls "But I just could not let it go. It's such a lovely old place, with a fantastic garden. It was also clear to me that locals really loved the place."

Craig approached Trish, suggesting a partnership—Everything suddenly came together and they realised that it was the perfect partnership and the perfect place. In three weeks of frantic activity, the kitchen and dining areas were transformed so that the coffee shop became a café and restaurant.

"The kitchen is still quite small, so I need to be smart about what I put on the menu" says Craig. "The daytime menu has a lot of variety. However, when we opened for

*continued on page 14*

  
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dinner in March, we opted for a small seasonal dinner menu." The café has a loyal following. A seasonal menu gives variety for those customers that come for dinner often.

The kitchen was also designed so that Craig can bake a lot of the breads used in the café on site. He also makes his own pasta. "Most of what comes out of the kitchen is honest, home style food" he says. "It's just much tastier that way."

Space constraints also meant they needed to be very selective with their wine list. The aim was to keep it small, local, good quality and excellent value for money. "We could have gone for cheap and cheerful wines, but we wanted our customers to enjoy the wines as much as they enjoy the food" says Craig.

The Baytree Coffee Shop is located at 119A Main Street, Romsey. It is open Wednesday to Sunday during the day and for dinner on Friday and Saturday nights. Phone 5429 6340

Submitted by Cedric Richardson

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Sessions will cover topics including where ideas come from, planning a piece, developing characters, research, work shopping and submitting your work to competitions or for publication.

Writing classes for ages 8 to adult will be starting next term, commencing 27th July. Two classes will take place between 3.45 and 5.45 on Wednesday afternoons/evenings. Come and connect with other writers in your community.

Sessions will be conducted by qualified writing teacher, Dee White, (www.deescribe.com.au) who has published a number of books for children and young adults, and has worked as a journalist and advertising copywriter. Places are limited. Bookings can be made at the Woodend Library, phone 5427 2074.

### Book into an activity during the school holidays.

- Stories and Craft suitable for 4 – 10 year olds, Harry Potter and Diary Days for 8 – 12 year olds.
- Wooded Library. – Team Henderson from the Bong Bong Hat Band presents *Clown in the Suitcase* for Families on Wednesday July 6<sup>th</sup> 2 – 3 pm; Harry Potter Rules Thursday July 11-12<sup>th</sup>, 11-12pm- 5427 2074
- Kyneton Library – Stories and Craft Thursday July 7<sup>th</sup>, 2 - 3 pm and Wimpy Kid Diary Days Wednesday 13<sup>th</sup> July 11-12 pm 5422 136
- Gisborne Library– Wimpy Kid Diary Days, Wednesday 13<sup>th</sup> July 2-3 pm; Stories and Craft Thursday July 7<sup>th</sup> 11-12 pm 54283962
- Romsey Library– Harry Potter Rules Thursday 14<sup>th</sup> July 2-3 pm. 54293086

Check the website for further details [www.ncgrl.vic.gov.au](http://www.ncgrl.vic.gov.au)

Submitted by Lulu Cockram and Susie Prestney

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## Money talks for cancer research

The Lancefield-Macedon Ranges Relay For Life organising committee is hoping a fundraising forum on July 19<sup>th</sup> will bolster efforts to bring the amount raised locally for the Cancer Council Victoria since the event started in 2003 to \$1 million.

It is an opportunity for teams to hear and share ideas including what activities have been successful, as well as to discuss ways of supporting each other.

*Next year is the tenth anniversary of the local event and our target is to drive the total tally to \$1 million within ten years which is something that every contributor will remember with great pride, said committee chairman Ken Wiltshire. With 870,000 raised during the past nine years, the challenge is to raise in excess of \$130,000 this year and we are urging all past teams to register now and start this exciting journey together.*

Past team captains and representatives of new and prospective teams are urged to attend the fundraising forum, at the Anglican Church Hall, 31-33 Chauncey Street, Lancefield. It will be held from 7.30-9pm and supper will be provided.

The 2012 Relay For Life will be at Lancefield Park over the weekend of March 3<sup>rd</sup> and 4<sup>th</sup>. Registrations are open at [www.relayforlife.org.au](http://www.relayforlife.org.au). Each year teams comprising families, friends and workmates raise money for cancer research, education and support services. Their efforts culminate over the Relay weekend during which they walk throughout the night, remembering loved ones lost to cancer, celebrating survivors, and uniting in support of the work to find a cure.

To RSVP for the Fundraising Forum contact Melissa McCarthy by July 10<sup>th</sup> via [tmac31@bigpond.net.au](mailto:tmac31@bigpond.net.au) or ring 54295014.

Submitted by Nadine Hartnett



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## Seeking Outstanding Seniors

Now is the time to nominate outstanding older people for the 2011 Victorian Senior of the Year Award.

This award gives us the chance to say thank you to an older person who deserves recognition for their contribution as a volunteer or for their inspirational achievements.

Previous award winners have included a volunteer at a local centre for disabled adults, a power-lifter and an art teacher who gives painting lessons to people in aged-care facilities. So if you know a senior who does extraordinary things for the community in any walk of life then the Victorian Senior of the Year Award is one way you can celebrate their achievements.

The Victorian Senior of the Year Award will be presented at a special reception at Government House on September 30.

Seniors over 60, who are Australian citizens, reside in Victoria and who have made an exceptional contribution to the community can be nominated for an award in the following four categories:

- the Premier's Award for Victorian Senior of the Year,
- the Council on the Ageing (COTA) Victorian Senior Achiever Awards,
- the Health and Active Ageing Award,
- the Veteran Community Award,
- the Promotion of Multiculturalism Awards.

For further information or to obtain a nomination form contact my office on 54 282138, call Seniors Information Victoria on 1300 135 090 or visit [www.seniors.vic.gov.au](http://www.seniors.vic.gov.au). Nominations close on July 22<sup>nd</sup>, 2011.

Submitted by Donna Petrovich State MP for Northern Victoria



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# Donna Petrovich MP

State Member of Parliament for Northern Victoria Region  
Parliamentary Secretary for Sustainability and Environment

## Working for the Macedon Ranges Community



*Your Country Voice*

5782 2011  
84 Sydney Street, Kilmore  
[donna.petrovich@parliament.vic.gov.au](mailto:donna.petrovich@parliament.vic.gov.au)

Authorised by D Petrovich, 84 Sydney Street, Kilmore.

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reveals key to success**

Recent challenges to our environment have highlighted the issue of weeds throughout the region, but an innovative workshop promises to provide the key to weed management.

Landcare and the North Central Catchment Management Authority (CMA) are hosting an informative workshop titled 'Integrated Weed Management' to be held at Boort and Woodend, on Tuesday 28<sup>th</sup> and Wednesday 29<sup>th</sup> June respectively.

The 'Integrated Weed Management' workshops will be presented by prominent Professor Brian Sindel from the University of New England. Formally a member of Commonwealth Scientific and Industrial Research Organisation (CSIRO), Professor Sindel is now the Professor of Weed Science at the University. Professor Sindel is an author and editor of a wide range of well-known weed management resources including: Australian Weed Management Systems, Weed Detection on Farms, Weed Detection and Control on Small Farms, and the Pasture Weed Management Kit.

Ms Ashley Beven, Regional Landcare Facilitator, commented that the workshop will be a helpful tool for anyone wanting to increase their knowledge on weeds and on the topics covered including: Three Secrets to Successful Weed Management, Five Tactics for Weed Control and Implementing Integrated Weed Management.

"It is very exciting to have Professor Sindel present for us. He has over twenty years of invaluable knowledge, research and experience in weed ecology and management, as well as, the sociological aspects of weed control. Often the problem of weed control can seem a little overwhelming, but if everyone does their bit to manage their area then we can work together and see positive results emerge." "The workshop aims to arm you with the necessary knowledge to implement successful weed management on your land," concluded Ms Beven.

Anyone interested in the workshop should contact North Central CMA by 5pm Thursday 23<sup>rd</sup> June by email- [reception@nccma.vic.gov.au](mailto:reception@nccma.vic.gov.au) or phoning 5448 7124.

Submitted by Emma Devlin Communications Support  
North Central Catchment Management Authority

**All news items, articles and community news  
columns must be received by 15th of each month.**



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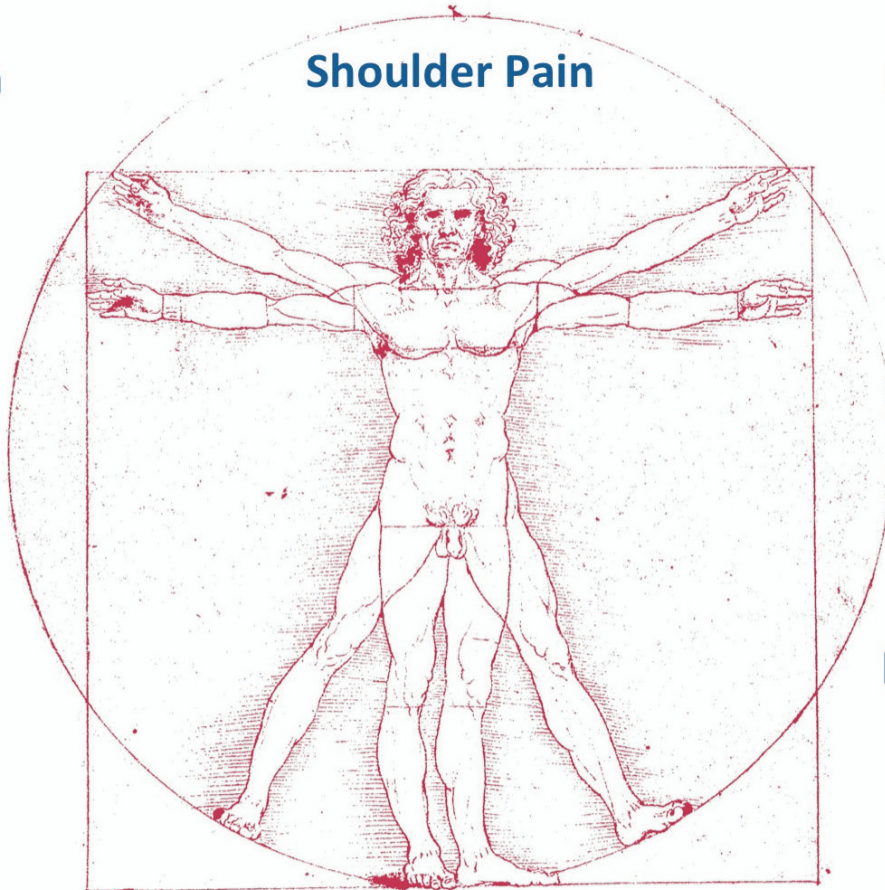
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## Woodend Landcare

Woodend Landcare has two important pieces of news for this month.

- We have been presented by the Woodend Lions Club with a cheque for \$1000.00 to assist us in our work. This is a wonderful donation, and very much appreciated. Among other things, it will purchase a sturdy wheelbarrow, and some plant guards for our next planting in spring.
- A special guest speaker will present a talk on "Twitching" at our Annual General Meeting.

If you don't know anything about Twitching, or if you always wanted to know more but were too afraid to ask - here's your chance! Woodend Neighbourhood House, Forest St Woodend on Saturday July 30<sup>th</sup> 1.30 pm.

So what the heck is "Twitching"? It's Birdwatching! Tim Dolby of Birds Australia, is the principal editor of "Where to See Birds in Australia", and he will tell some tall tales (mostly true) of the "Twitchathon". This event gathers groups and individuals all over Australia to count birds, thus giving important information about the condition of our feathered friends.

The competition to "score" the most sightings can be pretty fierce, I'm told, and Tim will tell us about it. Finally, our July Working Bee for the Creek will be Sunday July 24<sup>th</sup>, at Ruby McKenzie Park. For the Thursday Work Crew, they have a Bee every Thursday morning.

Contact Jo for details on 54271909 or rasbooks@netcon.net.au



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Just arrived in time for our woolly Woodend winter are scarves from Italy, France and India, cashmere wraps from Inner Mongolia along with a range of beautiful hats and gloves.

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## Festival numbers bigger and better than ever

With nearly 2500 tickets sold, 520 local students taking part in the new schools program, 800 visitors to Oscar winner Shaun Tan's exhibition and about 1000 people attending the opening night free fireworks... it's a wrap for this year's Woodend Winter Arts Festival!

And it's not quite over – ABC Classic FM recorded key musical events as they happened over the weekend, and will broadcast them locally and internationally exposing the Festival to an even wider audience.

The performers have since left Woodend, which experienced a tripling of the population over the Queen's Birthday Long Weekend thanks to international and interstate visitors, Melbourne suburbanites (who congregated longingly around local real estate windows) and regional neighbours. But mostly it was the locals who turned out to support the events and helped create the buzz that everyone has since raved about. It was, as promised, a weekend offering the best of international classical musicians, visual arts and literary talent. And then there were the locals who billeted performers and volunteered to keep the festival running smoothly.

### **Some of the key facts and figures for 2011 include:**

- Filled to overflowing... we packed them in for Mozart's Requiem, the Joe Chindamo Jazz Trio Cabaret Dinner, An Exacting Heart, screening of The Lost Thing with Shaun Tan, Writing Politics Panel, and the Faust silent movie
- Nearly 2500 tickets sold (up from the previous year)
- 114 people attended the poetry slam with Emilie Zoey Baker (EZB) – who was brought back to the Festival by popular demand after her 2010 slam. EZB was also a part of our new schools program
- 520 local students – 120 primary school and 400 secondary school students were exposed to the Festival in their own schools (and schools have been ringing the Festival office ever since!)
- 800 people visited Colenso Gallery for the Shaun Tan exhibition – and 19 prints were sold.
- 140 gathered at Woodend Library for the storytelling event for 3 – 8 year olds.

The Festival generated extensive publicity for the performances, Woodend and the Macedon Ranges, thanks to engaging with local and mainstream media, social media (via Twitter and facebook), relaunching the Festival website and general promotion Victoria and Australia showcasing all that was on offer.

Submitted by Alicia Patterson for WWAF



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## Mayor's Message

Winter has truly set in, with the novelty of early snow falling on Mt Macedon and the Camels Hump, not to mention the buzz of another successful Woodend Winter Arts Festival. The dramatic change in weather is also a signal to take special care on the roads and to look after our health – I personally have been fighting off a winter flu which I hope only comes around once a year!

### Post Your Art 2011

Council received more than 180 entries for the 2011 Post Your Art awards which, as its major prize, prints and distributes one artist's artwork on 5,000 postcards across the region.

Entries are on display at the Mad Gallery from Saturday 25<sup>th</sup> June – Sunday 3<sup>rd</sup> July. The exhibition will then tour local libraries in the Macedon Ranges Shire. Prize winners will be listed on the council website from early July, [www.msrc.vic.gov.au](http://www.msrc.vic.gov.au).

Since its inception, Post Your Art has attracted 820 entrants from as far as Monbulk in the Dandenong Ranges to Hove in South Australia

### Primary school students learning about council

I have been providing education sessions to Years 3-6 students at local primary schools in our region. This is a great way for students to meet the Mayor and learn about the three levels of government, how councils are governed and council services. They are followed by an open discussion with students.

It's a pleasure to talk to the children who are very interested and have lots of great questions. If they are unsure of my role on council, I ask them if they know someone called Quimby on the TV show, The Simpsons, and their eyes light up...

Each session runs for approximately 45 minutes and includes a PowerPoint presentation and a Local Government educational activity booklet for each student. If your school is interested in participating, please contact the council on 5422 0333.

### Join a local Advisory Group

The Disability Advisory Group and the Positive Ageing Advisory Committee are each seeking community representatives. If you feel you have something to contribute in either of these areas, please pick up an application form from any of council's service centres in Gisborne, Kyneton, Romsey and Woodend, or download one from the council website, [www.msrc.vic.gov.au](http://www.msrc.vic.gov.au)

Council runs eight advisory committees spanning the arts, emergency management, positive ageing, libraries, disability and Hanging Rock, each of which includes members of the local community.

### What's On

- Victorian Truffle Festival – Saturday 2<sup>nd</sup> and Sunday 3<sup>rd</sup> July, Trentham
- Denise Drysdale – Thursday 21<sup>st</sup> July at the Town Hall, Kyneton
- My Grandma lived in Gooligulch – Friday 29<sup>th</sup> July at the Town Hall, Kyneton

For further details, visit [www.takeapeek.com.au](http://www.takeapeek.com.au) or [www.visitmacedonranges.com](http://www.visitmacedonranges.com).

Mayor, Henry McLaughlin Macedon Ranges Shire Council

## Psychology Counselling and Self-awareness Group

Are you interested in counselling, psychology and self-awareness?

Sam Luxemburg will be running a 10-week discussion group on these and related themes at the Woodend Neighbourhood House. It starts on Friday 22<sup>nd</sup> July, 10am to 12 noon. Cost is a gold coin donation.

Groups like this can provide learning, personal growth, friendship and other goodies. The people in the group set the tone. Let us see where we want to go. To book a place call 5427 1845, or to find out more call Sam 0428 270 401. After the 10 weeks we can discuss continuing the group for a longer period.

Sam is a local counselling psychologist, he teaches counselling at Lux College, and each Monday at 10am he is on 100.7 Highlands FM with "Psychology and Life".

Submitted by Woodend NHH

Joan P Jane  
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## Upcoming Events

### July

- 1 RSL Dinner & Entertainment
- 2 Sustainability Group Open Garden
- 2-3 Victorian Truffle Festival
- 8 RSL Celts & Cobbers
- 9 Normie Rowe – The Albion Hotel Kyneton
- 9 Winter Wine series – Campaspe House
- 15 RSL Dinner & Entertainment
- 16 Cancer & Natural Therapy Sound Vibrational Healing - Sunbury
- 19 Lancefield-Macedon Ranges Relay for Life - Fundraising Forum
- 20 Woodend RsL Women's Aux – Social Bingo
- 21 Denise Drysdale Town Hall, Kyneton
- 24 Woodend CFA Fundraising Breakfast
- 24 Woodend Landcare Working Bee Ruby McKenzie Park
- 27 Kids Writing Classes Woodend Library
- 29 Christmas In July – Campaspe House
- 29 My Grandma lived in Gooligulch Town Hall, Kyneton
- 30 Woodend Landcare Bird Watching

### August

- 9 The Census of Population and Housing
- 5 RSL Dinner & Entertainment
- 6 Heskett PS Supper Dance – Kyneton Town Hall
- 6 The Gisborne Singers
- 7 Sustainability Group Open Garden
- 12 RSL Celts & Cobbers
- 19 RSL Dinner & Marcia Jones

### September

- 2 RSL Dinner & Entertainment
- 9 RSL Celts & Cobbers
- 16 RSL Dinner & Entertainment

### March 2012

- 3-4 Relay For Life Lancefield Park

All Community groups and events are invited to submit their dates for listing on the Community events calendar

## COMMUNITY GROUPS CONTACT DETAILS

- Alcoholics Anonymous Friday night, Cobaw Community Centre 0409 131 144
- Australian Breastfeeding Association, Heather 5427 2398
- Cobaw Thursday Walking Group 5427 3340
- Daylight Masonic Lodge, 5427 2480
- 1st Woodend Scout Group, 5427 4968, Jenny
- Friends of Macedon Ranges Library, Chris/Bill 5427 2469
- Garden Club 5422 6062 / 5427 3340
- Kyneton Municipal Band Doug 0411 420 113
- Lancefield-Macedon Ranges Relay For Life Melissa 0438 831 427
- Living Word Christian Church 5429 6327
- Historical Society, Courthouse, 5427 2523
- Macedon Ranges & District Motor Club, 10 Webb Cres, New Gisborne 1st Wednesday each month 8pm
- Macedon Ranges Animal Aid, Buffalo Sports Stadium, 5427 1752
- Macedon Ranges Bridge Club, 5420 7595
- Macedon Ranges Families of Children with Disabilities Support Group, 5427 3365
- Macedon Ranges Residents Assc. 5427 1481 or 5427 2651
- Macedon Ranges Communicators (ITC), 5427 2669
- Macedon Ranges Photographic Society, Ron Mathews 5427 3284
- Parent Support 4 LD- Kerrie 0414 432 158
- Probus, 5427 2003
- R.S.L., Anslow Street 5427 3122
- Red Cross, 5427 1260
- Rotary Club of Woodend, meetings weekly at Vic Hotel Thursdays 6.45pm, Brendan 5422 6442
- St. Mary's Guild, 11am, 4th Wednesday of month
- St. Mary's Street Stall, 9-12 noon outside Woodend Newsagency (2nd Sat of the month)
- Woodend Landcare Group, Jo 5427 1909 or Doug 5427 0666, 3rd Tues Meeting, 4th Sunday Working Bee
- Woodend Angling Club, RSL Hall, 5427 2395
- Woodend Art Group, Railway Station, 5422 6172 or 5427 1659
- Woodend Hanging Rock Petanque Club, Hanging Rock Reserve Ph: 5427 2477
- Woodend Lions Club, Meetings 2nd/4th Wednesday each month, ph Robyn Roberts 5427 1342
- Woodend Model Railway Club, Buffalo Stadium
- Woodend Pony Club, 5427 2793
- Woodend Senior Citizens Club, Comm. Centre
- Woodend SES Training Nights Monday, Urquhart St
- Woodend Tennis Club Nadine 0439 399 838
- Woodend Winter Arts Festival Inc., Jacky 0417 225 268

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- Macedon Ranges Travel Services**  
5427 4777
- Kosmac & Clemens: optometrists**  
5427 4577
- Woodend Cycles**  
5427 2662
- Salvation Army Family Store**  
5427 4421
- Loose Change Bargains**  
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- The Spa Beauty Therapy Centre**  
5427 3322
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5427 1454
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5427 3246
- RT Edgar Real Estate**  
5427 1222
- Woodend Bakery Cafe**  
5427 3434



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## Information sought

On Saturday June 4<sup>th</sup> a donation jar was removed from Woodend Bakery Cafe, this followed the theft of 6 throw blankets on Thursday 9<sup>th</sup> June. If you have any information regarding these two items, please call Cori on 5427 3434.

## Woodend Neighbourhood House

You should receive your copy of the Shire wide neighbourhood house term 3 brochure full of programs and activities in your letterboxes in mid July.

Are you the parent of teenagers? Annie Rowland is running an interactive information session to help you understand Social Networking and assist your young person to navigate CyberLife safely. This includes information on young peoples use and misuse of technology and have a close-up look at Facebook, plus question time.

Tax time is upon us again and we have a volunteer trained by the ATO who is able to assist people on a low income with their tax returns. Appointments essential.

Let's Break the Silence is a series of workshops being run across the Shire for people who have or support someone who has depression or mental illness. The Woodend session is being run on 18 August and includes presentations & information by local practitioners, plus supper and entertainment.

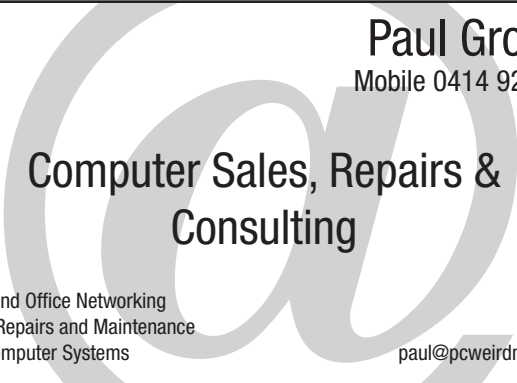
This term we are offering several educational opportunities. So if you are considering employment in the hospitality industry, or want to work over the Spring Racing carnival, book into our RSA and Food Handler courses. Are you interested in a future career in book keeping? We have an introductory course in booking keeping as well as classes in MYOB. First Aid is once again available, whether you are learning for the first time, refreshing an existing certificate or just need to update your CPR. We also take enquiries for Anaphylaxis training.

For the more creative people out there – how about trying your hand at making your own mohair teddy bear, with oodles of personality; or join Saskia Post for a series of art therapy workshops; Stone carving with Jock; decorate letters in Illumination of Manuscripts or start a love affair with patchwork or stitchery.

If you have hobby or educational skills you would like to share with others in your community come and talk to me. The Woodend Neighbourhood House is a welcoming place and we try to meet the needs of our local community so let us know what you would like to see here. If you haven't walked through the door before, come in for a look and meet one of our friendly volunteers.

For details of all courses and opportunities ring 5427 1845, or visit 47 Forest St.

Submitted by Sarah Campbell Coordinator



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## Seventh –Day Adventist Church

### Revelation Seminar of Hope!

A Revelation Seminar series will be held at our church beginning on Sunday 3<sup>rd</sup> July at 7.00pm. There will be two meetings each week, Sunday and Tuesday nights at 7.00pm in order to cover the major themes over several weeks. Everyone is most welcome to these presentations.

There was great joy in our church when it was announced that the Beaty family welcomed the arrival of their third child - little Hannah Ruby. Congratulations to happy young parents and God bless.

A group of our members is undergoing training in a program called CHIP (Coronary Health Improvement Program). CHIP is designed to help people in the community who attend the sessions to gain significant improvements in their health. Further information about this beneficial program will be forthcoming in the near future.

Our church welcomes all. We cater to children zero to 12 with interesting and lively programs.

Visit us at 18 Barrington Rd. New Gisborne, Services are at 9.30 and 11.00 Saturdays, Revelation Seminar: Sundays and Tuesdays 7.00pm, tune in on 88.0FM or call us on 5428 3575

Submitted by Bosilka Lipkovich

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## Woodend Senior Citizens

Come and join our activities. Tuesday at 1.30pm Button Bingo (win a gift). Friday at 10.30am Carpet Bowls (more bowlers please), then at 1.30pm Cards.

General meeting and Trading Table, Friday 1<sup>st</sup> July at 11am, followed by lunch, (bring your own) Then fun afternoon and cards at 1.30pm. Monday 11<sup>th</sup> July 2011 Mystery bus trip. Where will we go, what will we see?

New members always welcome.

Submitted by A Warnock President Ph: 5427 1644

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## Cancer and Natural Therapy Foundation

### What's on in July, 2011

The Cancer and Natural Therapy Foundation is a non-profit, registered charity organisation aimed at assisting people in accessing information and resources in the area of natural therapies and expanding health care options. to enable them to make informed choices.

### Weekly Support Groups:

- Health Awareness Support Group Offering meditation, reiki healing and general discussion on natural therapies and preventative medicine. Tuesday 7.30-9.30pm.
- Self Empowerment and Healing Support Group For confidence building and positive living Thursday 10.30-11am.

### Health seminars and Workshops

- Seminar – Safer Breast Imaging Choices – Protecting the next generation. This is a brief overview of how women of all ages can now have total peace of mind in covering all bases in breast care and breast health awareness. Presented by Julia Miles, a certified clinical thermographer and EPI technician highly qualified in safe breast imaging. Tuesday 5<sup>th</sup> July, 7.30-9.30pm. Cost: \$10.
- Workshop – Sound Vibrational Healing Enjoy meditation whilst exploring the different sounds and vibrations through, native drumming, Tibetan/crystal bowls, chanting and flute playing and awaken the innate internal sounds and connection with Mother Earth. Saturday 16<sup>th</sup> July, 1-5pm Cost:\$55. Bookings essential Held at Neighbourhood House and Community Centre, Elizabeth Drive, Sunbury. Phone: 9740 3977 (Mon/Wed/Fri) or Sandra on 0411 100 947

Website: [www.cancernaturaltherapyfoundation.org](http://www.cancernaturaltherapyfoundation.org)

Submitted by Sue de Jonge

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2nd	Sophie Marsh	Turns 13
6th	Charlotte Dinsdale	Turns 8
10th	Michaela Frantz	Turns 10
13th	Cody Merlo	Turns 6
116th	Connor Lever	Turns 11
22th	Kyra J Perry	Turns 12
27th	Brady Muir	Turns 6
29th	Christian Adamcewicz	Turns 11
30th	Grace Cooper	Turns 8

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The MRBC is intending to commence a regular day-time Bridge playing session in Gisborne in August, but before that we will be conducting lessons for anyone interested in learning Bridge or updating their Bridge playing skills. These lessons will commence on a Wednesday or Friday afternoon in late July (details to be decided by numbers of interested people) and will run for 8 weeks. Each session will be about 2½ hours in duration. The total cost is \$80 per person, with the first session free (payment required at second session).

If you are interested in learning (or re-learning) Bridge or would simply like to know a bit more about the Macedon Ranges Bridge Club please contact the club secretary on 5420 7595, or email peter\_wells@fastmail.com.au . Also have a look at our website www.mrbc.asn.au

Submitted by Peter Wells, Secretary MRBC

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## Newham News

Newham residents are delighted to hear that the CFA has received funding for a new shed.

Over the past three years, with a lot of hard work and input from the community, Newham has received around \$3 million in government funding for infrastructure.

Lectures at the Mechanics Institute continue over winter with Anton Hassell, an entertaining, creative & inspirational speaker (subject is a surprise) on Friday 29<sup>th</sup> July and Margaret Armstrong - "Dietary Principles for Active Longevity" on Friday 19<sup>th</sup> August

A sausage sizzle at the Lancefield Market in May raised \$438. Thank you to all those who assisted.


Hiring over the last year has certainly been beyond our expectations and we are delighted. We hope to increase these further so our fundraising efforts can be reduced.

The hall committee has produced pamphlets as a part of our marketing plan which we are distributing far and wide to grow the use of the hall.

The landscaping is on hold over the winter months but stage 2 of the gabion retaining wall will commence soon. Again, thank you to all the helpers

If you would like to come and have a look at the Newham hall for your next event please call to arrange a tour with either Val Sutton 54 270 387 or Ian Miller 54 270 478.

Submitted by Sally Stabback



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## MRAA Thank you

Thank you to the many people who supported the Macedon Ranges Rural Australians for Refugees stall on Saturday 13<sup>th</sup> June outside Coles Supermarket, either by buying a sausage or donating money or food. A car load of non-perishable food has been delivered to the Asylum Seeker Resource Centre in Batman Street, Melbourne, together with a donation of \$400.

Submitted by Ann Johns

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## Woodend R.S.L. Women's Auxiliary.

Well, once more the Dine & Dance held Wednesday 8th June was very well attended, 60 persons present. It was lovely to see some of our locals singing and dancing along with a number of the nursing home residents, and enjoying every minute of it. We hope to see more locals in the future.

Next Dine & Dance will be Wednesday 6th July, celebrating Christmas in July, so come along and have fun. Cost is only \$10, and entertainer this month will be Andy Dee. Please book.

Our auxiliary is running social bingo the next is held July 20th. Entry \$5, light afternoon tea included. Cards available for the card players. Prizes will be gifts. Come along and join us. Hall is heated, tea and coffee free so come in out of the cold. All welcome.

A number of members have been ill in recent times. Both Margaret and Joy have had time in hospitals, other members have had colds. Thankfully most are on the mend and Margaret would like to thank all who sent cards and flowers.

President Barry and his wife Karen have left on a three month holiday chasing the sun. Lucky people. Reg will be holding the fort for enquiries for bookings for parties etc. Owing to the inclement weather the R.S.L. will be only holding Friday night meals on the first Friday of the month. Please book for these dinners at R.S.L 5427 3122 or Betty 5427 2225. Chef Gary supplies a splendid meal at a reasonable price. The bar is open on dinner nights, also daily at 4pm, entertainment is great. Last dinner night we had several karaoke singers who took to the floor among them was a young man, Brock, who entertained us all, well done Brock, we enjoyed it. Amazing what talent we have in Woodend.

Submitted by Betty J Barned, Secretary.

# Heritage Society News

In last month's Heritage Society column we noted the enthusiastic advertisement in the *Woodend Star* (6th May 1911) for a special performance of *The Amazing Bio Microphone* to be held in the Woodend Mechanics Institute. The promoters proudly announced that the company would be providing its 'own electrical lighting plant' and that 'spectators may hear as well as see their favourite artists' and that the illusion was 'absolutely perfect'. The following week, *The Star* reported on the evening. It appears that in spite of all the hype, unfortunately things did not quite work out as planned Here is the report of this not-so-successful event:

*"Picture Show: The entertainment given in the Woodend Mechanics Hall last Tuesday night by what was styled the American Speaking Picture Co., attracted a large gathering, but caused (at this point the original newspaper was folded and both our filmed and scanned copies are unreadable. We can only assume that the two words, which followed, were not complimentary!) to many of those who attended in the reasonable expectation that advertised promises would be fulfilled, which was not done. There was no electric light, as promised, owing, according to what the manager said, to the engine having got a "bump" somewhere or other. Mr. S. Henry, the eminent English elocutionist who was going to give descriptive lectures on the pictures was likewise absent and "the marvellous bio-megaphone", which was to enable spectators to "Hear as well as see Melba, Clara Butt and some of the most famous comedians of the day," was also regarded as a rather weak and disappointing 'novelty'. Some of the pictures, however, seemed to please the audience."*

Oh dear, it seems that in this instance, the new technology was not all it was meant to be. One month later however, things were much better when once again the Mechanics Institute was the venue for another type of picture show. From *The Star*, June

10th 1911.

*"Lyric Pictures: Very unfavourable weather was again experienced for the second weekly exhibition of these magnificent moving pictures at the local Mechanics Hall on Thursday night, with the result that there was another small attendance. The pictures are of such excellence, and are so admirably screened that the Lyric entertainments are not to be compared with most other 'shows' of the kind and it is a pity, therefore, that the proprietors are not fortunate enough to be favoured with a good night and a full house to give them some reward for their enterprise. Thursday night's programme comprised sensational and exciting dramas, very funny comedies, the 'latest of the world news' a study of the strange people in Southern Asia, an instructive industrial story illustrative of the manufacture of French almonds, and, amongst other subjects, an extraordinary contortionist act by Miss Harry, "the woman serpeni". There will be another all new performance next week."*

Don't forget to record your own experiences with today's technology and drop your stories into our Local & Family History Resource Centre. One hundred years from now they will no doubt make equally entertaining reading!

Submitted by Janet Hawkins.

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## What is a Will?

A will is a written record of a person's wishes to be enacted after they have died. Some technicalities surround the making and witnessing of the document which in turn make it a valid Will that can be approved by the Supreme Court of Victoria in its Probate jurisdiction, therefore allowing the distribution of assets according to the deceased's wishes.

In today's world of multiple marriages and often multiple "living together arrangements", many complex legal issues can arise. Someone who was dependent on the deceased at the time of their death may be entitled to claim part, or even all of the estate depending on the assets, the length of the relationship, the financial circumstances of the dependent, etc. Care must therefore be taken when drawing up your Will.

Have you thought about the following?

- Who do I appoint to carry out my wishes-(the "Executor")? Do I appoint my wife/husband/partner? Or one or all of my children, maybe step children? A friend? My Solicitor or Accountant?
  - Do I provide for my children specifically? My Widow may remarry, or if I am on my second marriage do I want my children of both marriages/relationships to share equally? Would my second partner be "fair" to my first children if he/she was the Executor?
  - Who will pay for my young children's education expenses?
  - What about my Superannuation? Do I want it dealt with differently to my Estate? Remember Super funds are always controlled by the funds' Trustee.
  - Do I want my Grandfather's Watch to go to my eldest son? What about the possible combinations of my children wanting to divide up my paintings or collection of valuable coins?
  - Do I want to donate some money to my favourite charity?
  - What does the government get from my Estate? Well the good news is there is no Probate Duty/Inheritance Tax. However there may be Capital Gains Tax (CGT) implications, particularly on investment properties...
  - How do I try and stop the child who has already had the farm from seeking more or the son who was given money to start his own business from double dipping?
  - What happens to my parents who live at the other house on my property if I die tomorrow?
  - How can I make sure my Organs are donated for research?
  - How do I express my wishes in regard to the disposal of my body?
  - Who will look after my animals when I die?
- These and many more questions/issues must be considered

when drawing up a Will.

Sure you can buy a Will kit and make your own guess as to what is best. However, for your own peace of mind, and for those you care for it would be best to see a Solicitor. Your Solicitor can discuss these, and the many other questions that have hopefully been provoked in your mind today.

For further information please contact the approachable team at HEP Steel.

Submitted by Sindy Stevens

## Hesket Supper Dance

The Hesket Primary School Annual Supper Dance will once again be held in the Kyneton Town Hall. The dance will be held on Saturday the 6th of August featuring Darryl Cotton and his band along with guest singer Lisa Edwards,

This dance is the major fundraiser for Hesket PS, A good night is had by all, with great music for dancing and a hot and cold supper provided. All you need to bring is your dancing shoes, BYO drinks and some spare cash if you wish to take part in the raffles and silent auctions.

Tickets are on sale now and can be purchased by ringing the school on 5427 0330 or 0409 954 391 after hours.

Submitted by Kathy Lakey

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- CFA statistics show that one-third of all house fires start in the kitchen, 20% were caused by heat from fuel fires and fuel-powered objects such as stoves and heaters, and another 20% from faulty or overloaded equipment. Here are a few examples:
- Cooking Fires. Never leave cooking unattended, keep stoves free of grease and fat, hang tea towels away, and make sure exhaust fans are clean. Know how to use your fire blanket and fire extinguisher.
- Electric Blankets. Check the blanket carefully for burn spots. Make sure they are flat and free of creases, as the wiring can be damaged. Turn on no more than 30 minutes before you go to bed. Never sleep with it on or leave it on during the day.
- Clothes Dryers. Items that haven't been washed properly and are placed in clothes driers can actually spontaneously combust due to the oils left in them reacting with high temperatures. Also regularly clean the lint filter.
- Open Fire Place. Always place a screen in front of an open fire. Put fires out before going to bed or going out.
- Heaters. Keep clothing, curtains and toys at least one metre from your heater. Always make sure there's an adult around when you use heaters.
- Front Door. Never deadlock yourself in your home. Deadlocks should have keys in them when you are home.
- Candles. Keep away from curtains and windows. Don't put directly on wood or plastic. Use only when an adult is watching.
- Powerboards. Don't overload powerpoints. Only use one appliance for each outlet on a powerboard. Replace damaged power cords.

For further information contact Captain Mick Christie on 0419 870 601 call the Woodend CFA on 5427 2356, visit the station in Urquhart Street or our website: [www.woodendcfa.org](http://www.woodendcfa.org). The Woodend CFA is a volunteer emergency service, committed to Creating a Safer Community. Submitted by 1st Lieutenant Mike Dornau, Woodend CFA

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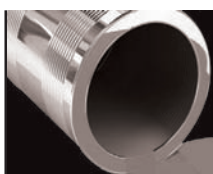
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# SPORTS NEWS

## Braemar navigates its way to Orienteering titles

Braemar College has cemented its place as the top orienteering school in the state by winning the annual Victorian Secondary All Schools Orienteering Championships (VSSOC) for the eighth straight year recently.

The VSSOC was held in conjunction with the Galway Orienteering Championship – which the College won for the ninth straight year - at the Bullengarook-based Balt Camp.

Braemar College won the VSSOC with a total of 634 points from Scotch College on 144 and Melbourne High School on 116. Of the 20 VSSOC girls and boys events, the College won nine.

The following Braemar College students won two age group titles apiece - Tanisha Whitfield, Alannah Horvat, Rosebud Coulter, Lucy Fleming, Kathryn Marshall, Lauren Hannan, Laura Stendell, Stephanie Trembath and Konrad Thomson.

Finlay De Lacy, Jack Cubley, Ned Lupson, Sebastian Winter, Sam White, Lachlan Turner, James Baker, Lachlan Herriman, Lottie Lawler and Sam Bateman all won one age group title.

The College competed against a total of 20 other schools in both events; fielding a team of 100 students

The College has had an Orienteering Program in place for over 20 years and has been a member of Galway Orienteering since 2002.

Submitted by Braemar College

# SCHOOL HOLIDAY DANCE PROGRAM

**JULY 11 - 15**

School holiday dance program for dancers aged 6 – 14 years. No previous dance experience required. The program will provide students with the opportunity to learn different styles of dance such as musical theatre, hip hop and even singing in a fun, encouraging environment

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<p>Monday</p> <p>4.30 pm Kids Running</p> <p>5.30 pm Adults Running</p> <p>7.15 pm Spin/Circuit</p>	<p>Tuesday</p> <p>6.00 am Bootcamp</p> <p>9.30 am Spin/Boxing</p> <p>4.45 pm Teens Circuit</p>	<p>Wednesday</p> <p>6.30 am Spin</p> <p>9.30 am Spin/Circuit</p> <p>4.30 pm Kids Running</p> <p>7.15 pm Spin/Boxing</p>	<p>Thursday</p> <p>6.00 am Bootcamp</p> <p>9.30 am Running</p>
<p>Friday</p> <p>9.30 am Spin/Circuit</p>	<p>Saturday</p> <p>7.00 am Bootcamp</p>		

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# Mixed Adult Volleyball

## Thursday nights

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