

THE NEW WOODEND STAR



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AN INITIATIVE OF THE ROTARY CLUB OF WOODEND

September 2009

A Monthly Community Periodical

First Publication 1997

Volume Thirteen No. 8

Macedon Ranges Futsal

Woodend Soccer Club has been in existence for about 8 years and started off small with only a few players. It has now grown quite considerable and has around 350 boys & girls participating, ranging in age from 7 to 18 +.

Woodend soccer club has now changed its name to Macedon Ranges Futsal. This change has taken place for a couple of reasons. The first one is because the game we play is actually called Futsal. Futsal is the only form of five-a-side soccer that is officially approved by FIFA. As we are affiliated with the Football Federation of Australia via the Football Federation of Victoria we have had to come into line with the use of the correct name. The second reason is due to the fact we play the game in other venues apart from Woodend, we decided to call it Macedon Ranges Futsal.

Futsal is one of the fastest growing sports in the world, is played in over 100 countries and boasts millions of players around the world. The name "Futsal" comes from the merging of word for "Indoor" (Salon or Sala). The special feature of the game is the unique properties of the ball, which has a low rebound. The game develops close individual ball skills as the court is small and players are forced into limited space and option scenarios. Games are usually fast-paced, with players receiving more touches than outdoor soccer.

This July we sent 3 teams to the Futsal State Championships held over two days in Warnambool. The three age groups were, U11 boys, U13 boys and U14 boys. The under 11 team went to the quarter finals, gave it their best shot with some excellent play but unfortunately were not lucky enough to win. Our under 13 team made it through to the semi finals with a tough game against South Melbourne, and the under 14 team came 5th in their age group and missed out on a semi final place by 2 points. The competition in all age groups was of a very high standard and all the boys put in a fantastic effort.

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Woodend U14 Team: L-R Sam Davies (Assist coach), Matt Davies, Jake McIntyre, Nathan Fozz, Tom Shaper, Kevin McIntyre (Coach) Sam Mertikas, Michael Dekan, Jack Spargo

We need your HELP

Let's Build this School!

Imagine waking in the morning knowing hundreds of children are going to school, because of you ... imagine giving a whole community a better future. The Cambodian Kids Foundation needs YOUR help to make this a reality. This is an opportunity for you and your family to be involved in a life changing experience.



In January this year we were given a gift of land in a remote village, Thnal Bek within the Trapeang Russy Commune 167km out of Phnom Penh.

This is a place desperate for an Educational Centre. There is currently no form of education amongst the 20 villages.

There are over 3479 families living in this commune, the living standard is poor, and the majority of parents are poor farmers. The children will often work on the farm all day, or leave the village altogether for Phnom Penh to find work as labourers or garment factory workers, they will then bring home the minimal money they earn, so their starving family can eat. A terrible fact is that city work involves the risk of being preyed upon by employers of people in sweat shops and the sex industry. Children are growing sick with infection and dysentery simply because their parents are uneducated and unable to know how to care for them in such a state.

Despite this inadequate state of living, they hold a bright outlook for their community and toil day in, day out, hoping something or someone will give them a hand up, and a way out of this never-ending cycle.

The Thnal Bek Centre will be a school by day and an educational centre by night. It will give the Khmer people of these villages opportunities to learn and a chance to break the cycle of poverty in their region.

The children will learn Khmer, English, Computer, Mental Health, Conflict Resolution and Leadership. Parents and Adults will learn Family Hygiene, Job Seeking and

continued page 4



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Layout & printing by **Woodend Copy Centre**

For people wishing to submit stories, articles, letters to the publication, simply place the information in the strategically placed drop-boxes. These are located at the Liquor Shop, Collier Office & Business Assist, The Bank @ 75 High Street and Woodend Newsagency.

EMAIL articles preferred: sales@collieroffice.com.au

Circulation: 3180 copies throughout Woodend and district

Disclaimer: The opinions and views expressed by the contributors are theirs alone, and do not necessarily reflect the views and opinions of the Committee of Management, or the Rotary Club of Woodend.

The Committee reserves the right to edit articles for length and clarity.

Committee: Barry Naphthine, Ivor Johnson, Claudia Green, Irene O'Duffy, Alexia Downie, Joy Barker and Jane Watters.

Closing date for inclusion of articles or advertising for each issue is the 15th of the month prior to publication.



Advertising available
For all bookings and artwork submission please contact Alexia 5427 3092.

Artwork to sales@collieroffice.com.au

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ADVERTISERS PLEASE NOTE:

Unless specific dates are given for inclusion - all advertisements will be placed and charged for until notified otherwise IN WRITING.

Top Effort by a Top Bloke

Sam Giampolo of Woodend's 'Top Shop' was so moved by the efforts of his local CFA Brigade (many members are regular customers) following the Woodend and Black Saturday fires earlier this year, that he set out to raise some funds to support the brigade.

So, Sam asked to place one of the Woodend CFA's collection hats on his counter and then promoted that fact that he would give a donation for every burger, and some other food, that he sold to the brigade.

When the collection hat started to become a little heavy, Sam asked the CFA to come and collect it. When opened it contained an amazing \$980. It was immediately replaced and the donations continue, as the total has now easily passed \$1,000.

Woodend CFA 1st Lieutenant Mike Dornau recently made a surprise visit to Sam at the Top Shop to present him with a special Certificate of Appreciation. Sam told him that he has plans for further fund-raising activities in the build-up to this year's fire season, including a Special Pizza Sunday.

"It is so fantastic that people like Sam are able to assist the brigade in such a valuable way" commented Mike. "Not everyone is able to offer their services as a CFA volunteer, and contributions such as this really help us significantly. We are currently in the process of raising funds to upgrade our Tanker 2, and this will go a long way to help us provide the best service possible for our Woodend community".

Well done Sam!



Advertising Rates for 2009

New advertising rates per month from 1/1/09

All rates include GST & are priced per month.

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|--|---------------|
| Business card (55mm x 90mm) | \$41 inc GST |
| Trade Page | \$27 inc GST |
| Quarter page (90mm x 134mm) | \$90 inc GST |
| Half page (90mm x 277mm) | \$160 inc GST |
| Full page (190mm x 277mm) | \$280 inc GST |
| Insert (of your printed brochure) | \$180 inc GST |

Advertisers: Please note - it is in your interest to book and pay for a year in advance, as a 10% discount applies to any full year pre-paid booking.

Any existing pre-paid ads will revert to the new rate on completion of the pre-paid period.

Information for advertisers

Any accounts queries can be made to Joy on 5427 4089 during office hours.

Mail should be directed to: New Woodend Star, C/- The Bank, 75 High Street, Woodend 3442.

Drop boxes for articles are at: The Bank (75 High Street), Woodend Newsagent, Collier Office & Business Assist and Marks' Liquor Shop. Copies of the publication will also be available.

Woodend Star Publication Dates for 2009

| | |
|-----------|----------------|
| October | 28th September |
| November | 26th October |
| Dec / Jan | 30th November |

Advertisers and contributors are reminded to book in by the 15th of the month with artwork to follow immediately. Changes to advertisements, new advertisements or cancellations should all be made by email or in writing.

Win a date with Cuddles

Kerri's Bundle of Bears is offering one lucky child a very special experience at this year's Woodend Teddy Bear Show.


Now in its fourth year, the event will be held on Sunday, October 25 from 10am to 4pm at St Ambrose Hall, Templeton Street, Woodend.

You are invited to the 4th

Woodend Teddy Bear Show

Sunday, October 25th

10am - 4pm



Win a date with Cuddles.

Details opposite.

St Ambrose Hall
Templeton Street, Woodend

*** Stalls * Refreshments * Raffles ***

A beary family friendly event!

Featuring a teddy bear making competition for professionals and amateurs.

"Cuddles" the friendly bear will again drop by to greet visitors with an extra warm welcome. He will also join one child and their guests for afternoon tea (and bonus cuddles). See details below on how to be in the running for this unique prize.

Prize: Free Teddy Bear Show entry for the lucky winner and 2 friends/family, an afternoon tea with Cuddles at St Ambrose Hall on the day for the winner and their guests, AND A show bag full of surprises.

How to Win: Simply write in 100 words or less why you wish to have a date with Cuddles. Include your name, age and phone number. Either drop or mail your entry marked "WIN A DATE WITH CUDDLES" into Kerri's Bundle of Bears, Shop 2/87 High Street, Woodend 3442. All entries must arrive by September 10. Winner announced in October issue of Woodend Star and notified by phone.

Eligibility: Children aged under 12 who reside in the Macedon Ranges.

Charlie Bears

Teddy bear enthusiasts came from all over Victoria to Kerri's Bundle of Bears on August 7 when the UK founders of Charlie Bears were in Woodend to view the warehouse opened early this year by Kerri and Chris Botwood, exclusive Australian agents for the range of "bears with personalities" that are winning the hearts of collectors all over the world. The shop was packed for four hours while guests met Charlie Bears owners, William and Charlie, and had merchandise signed, while many took the opportunity to expand their teddy collections. The partners also joined Kerri at a Melbourne trade show.



Woodend Rainfall Report 2008

Each month we add the rainfall details and the year to date total. Our rainfall report shows 2004, 2005, 2006 and 2007 comparisons. Please note that your own rainfall readings may not exactly match these. These readings are the official BOM readings and have been taken in the same location in Woodend for many decades. All measurements are in millimetres.

| | 2004 | 2005 | 2006 | 2007 | 2008 | 2009 | |
|-------------|--------------|--------------|--------------|--------------|--------------|--------------|------------|
| January | 21.2 | 47.4 | 49.8 | 83.5 | 17.1 | 0.0 | Jan |
| February | 6.2 | 72.2 | 53.1 | 27.4 | 22.1 | 0.0 | Feb |
| March | 19.0 | 5.8 | 20.6 | 35.7 | 25.4 | 32.3 | Mar |
| April | 41.2 | 18.8 | 46.4 | 20.2 | 20.4 | 38.6 | April |
| May | 39.3 | 13.6 | 58.8 | 95.7 | 43.7 | 32.5 | May |
| June | 98.0 | 116.7 | 36.0 | 105.1 | 88.7 | 56.0 | June |
| July | 93.8 | 76.9 | 91.6 | 83.3 | 112.5 | 91.9 | July |
| August | 76.1 | 125.0 | 30.8 | 34.8 | 52.2 | | Aug |
| Sept | 31.7 | 55.2 | 50.6 | 49.8 | 42.0* | | Sept |
| Oct | 38.9 | 49.8 | 5.2 | 12.1 | 13.0* | | Oct |
| Nov | 111.0 | 72.4 | 13.0 | 91.0 | 67.2 | | Nov |
| Dec | 144.2 | 40.0 | 31.0 | 101.2 | 96.0* | | Dec |
| YTD: | 720.6 | 693.8 | 486.9 | 739.8 | 600.3 | 251.3 | YTD |

Reminder: We are now on Stage 3A water restrictions.

Figures for 2008 include information from a different location indicated by *. This has resulted in a slightly different total than the official BOM totals.

For the year to date 30/709 there was rainfall of

251 mm

1 inch = 25.4 mm therefore the total year to date is 9.88 inches

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Lancefield and District Farmers Market

The next market is on Saturday September 26, 9am–1pm High Street, Lancefield. Fresh produce, quality provisions and other off farm produce. Phone 5429 1214.

Mental Health, as well as having a women's clinic and women's group meetings. In time the school will grow and involve the community as a whole, clean drinking water will be provided, medical and health assistance will be incorporated and the families of the commune will have a safe and happy environment to turn to.

Parents will see renewed hope for their family's future. The impact of this project will be enormous, these people just need our help, they need us to give them the opportunity of a life they deserve. It is our hope that you too can see the need for our assistance in the commune of Trapeang Russy.

Cambodian Kids Foundation has achieved a lot for the people of Cambodia, but this project needs more than CKF it needs a whole community to support it.

We need your help to raise the funds to build the school. After it is established the opportunities are endless for all involved. Anybody can be apart of building the future of this community, we have a lot to give them, but also a lot to learn from them.

CKF is asking groups/clubs and individuals to get involved, this could include something as simple as hosting a dinner party or afternoon tea where all guests make a small donation. There are endless ways of raising money for this project so if you have an idea for your own fundraiser, contact Donna or Emily to register your event, we can help you get your fundraiser up and running.

\$30,000 is needed to build this centre, we hope everyone



can get involved and help us achieve this goal as a local community. Anyone who can raise funds is invited to present their donation on the evening of our major fundraiser.

The date has been set for our major fundraiser "A Great Night Out" The evening will be held on October 24th 2009, at the top of Mount Macedon!

This year tickets will be \$60, drinks will be available at bar prices, finger food a chocolate fountain and desserts are also included.

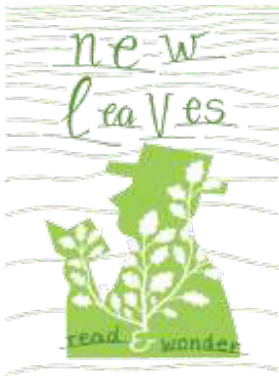
Entertainment will be advised soon, The Auction will take place once again, so keep an eye on our website for the listing www.cambodiankidsfoundation.com

Let's build this school together!

If you would like information about the centre or getting started please contact,

Donna on donna@cambodiankidsfoundation.com or 0417 271 453

Emily on emily@cambodiankidsfoundation.com or 0423 809 737.



**Support
Indigenous Literacy Day
with New Leaves
Wednesday 2nd September**

New Leaves will help raise urgently needed funds to address the literacy crisis in remote Indigenous communities by donating a portion of the day's takings to ILD.

**THERE WILL BE GREAT INDIGENOUS LITERACY DAY BARGAINS
SEE YOU THERE!**

Please note that New Leaves will be **closed Mondays & Tuesdays** over the September School Holidays ☐
Closed 21st, 22nd, 28th, 29th Sept and 5th & 6th Oct
Back to normal trading hours on Wednesday 7th Oct at 9.30am.

Cnr Collier & Anslow Sts. Woodend. 5427 3772 Closed Mondays

Futsal Grand Finals

We invite you all to come and watch our Winter season Grand Finals at Woodend Stadium on Friday 11th September from 5pm. The top teams from the 12 & under competition and the 16 & Under class will play off in what is sure to be an exciting event.

Want to try Futsal?

Registrations for the Summer Futsal Season will take place on Wednesday 17th October at Woodend Stadium from 5-7pm.

Annual General Meeting

The Annual General Meeting will take place on the evening of Thursday 3rd September at Woodend Stadium. We'd love to have some more help, to continue to grow the sport in the Macedon Ranges.

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All news items, articles and community news columns must be received by 15th of each month.

Lachlan Fleming



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Woodend Community Permaculture Garden Turns One

The beginning of Spring sees the Woodend Community Permaculture Garden celebrate its first birthday since the completion of the very successful Green Corp's Project lead by Krista Patterson-Majoor one year ago. The community garden is run by volunteers from the Macedon Ranges Sustainability Group (MRSG), and is located at the back of the Woodend Hub at 47 Forrest St, Woodend.

The aim of the garden is to demonstrate different aspects of permaculture and includes the use of rainwater tanks; a mud-brick chook house with chooks to fertilise the fruit trees and provide compost and eggs; a greenhouse for propagation of seedlings, and the veggie garden with berries and herbs.

The biggest project currently underway at the garden is the installation of a water pump and irrigation system to be connected to the existing rainwater tanks so this wonderful resource can be used for the garden each summer. Steve Martin is designing the system and he will be leading his Malmsbury Green Corps team to install the pump and piping this month. Part funding for this project is thanks to a grant from the Australian Government's Volunteer Grants Program 2008. Tax deductible donations can also be made to help fund this vital project – contact Russell for more information.



Other items to be purchased from the government grant include a marquee for attending local farmer's markets and field days and more tools for the permaculture garden. A big thanks to Krista for driving this successful application.

Thanks also goes to Steve Martin and his Green Corps Team for doing some much needed weeding and mulching of the gardens and pathways in March this year and to

Regular business card advertisements (90mm x 55mm) are \$41 inc GST per month - book & pay 11 months and get 10% off.

Lachlan Milne's Drought Assistance Team for the work they also did around the hub grounds. Special thanks goes to Jean Dart for her sometimes single handed efforts in running Green Thumb Friday's twice a month, and to all the volunteers on the Chook Roster (Kelly Clune, Sam Ford, Kristina Nelson, Kellie Duff, Prue Southey & Me) who let the hens in and out each day. Also to Mark Ryrych from Nature's Garden for regularly dropping off any left over food scraps to the chooks.

The number of projects tackled in the permaculture garden is dependent on volunteers who come to the Green Thumb Fridays and Working Bees each month, so please do consider donating some time in the garden this year – and don't forget to bring the kids to enjoy the chooks and explore the wonders of growing your own food.

Regular activities at the garden each month include:

The Home Produce Exchange on the 1st Saturday of the month, starting at 10am in the garden. For further information, please contact Kristina Nelson (krisnelson@aapt.net.au or 0448 355 535).

Green Thumb Friday's on the 2nd and 4th Fridays of the month, 10am - 12noon. Contact Jean Dart (jeandart@bigpond.com or 5427 3119).

Working Bees on the 1st Sunday of the month, 10am – 12 noon. Contact Russell Cadman (justruss@internode.on.net or 5427 2049). Hope to see you there!

submitted by Russell Cadman

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Woodend Senior Citizens

On Friday 4th September we are holding our general meeting at 10:30am. In the afternoon at 1:30pm are cards and the fun afternoon.

Each Tuesday we hold Bingo and each Friday we hold carpet bowls in the morning and cards in the afternoon starting each week at 1:30pm. All seniors are welcome to all activities, come and try and enjoy a cuppa with us.

On October 2nd 2009 our Annual General Meeting will be held at 1:30pm. All members are asked to bring a plate of food for afternoon tea.

All local groups, clubs and committees are invited to submit articles for publication

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Woodend Rotary starts the year on a high

The Rotary Club of Woodend has been very busy getting the new Rotary year off to good start.

Last month the club inducted a new member in Peter Willmott. Peter was accompanied by his wife Anneliese and daughters Matilda and Sabrina, and presented his membership by President Eb Friedrich, Assistant Governor Lewis Bordon and Grant Hocking.

On the same night the Rotary club donated \$8000 to the Woodend CFA. Mike Dornau from Woodend CFA gratefully accepted the donation and stated that it will go towards the purchase of a new fire fighting vehicle. Mike gave a brief rundown of the procedure for CFA receiving financial support for equipment and some of the units activities over the last fire season including being one of the first trucks into Kinglake on Black Saturday.



Pictured are President Eb Friedrich, Mike Dornau and Gordon Whyte

To finish the busy month the Rotary club also hosted a special guest speaker with people attending from all over the district. The Hon. Alistair Nicholson, OA, QC and former Chief Justice of the Family Court Australia spoke as Patron of Operation Cleft Australia Foundation, an international project initiated by the Rotary Club of Box Hill Central (D9810). Approximately 4,500 children in Bangladesh are born every year with a cleft lip or palate.

At a cost of only A\$250, the operations are carried out by surgeons trained in Australia who in turn are training doctors, nurses and medical staff in the required procedures in local hospitals in Bangladesh. With a population of 150

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million, the Bangladesh public health system does not cover this non-life-threatening surgery, and the people are too poor to pay for it. A DVD presentation highlighted how this Rotary project funds a minimum of 1,000 operations a year and includes speech and language therapy for the patients who have been given 'the gift of a smile for life'. Visit: www.operationcleft.org.au for more information.

The Rotary Club of Woodend club was able to present our guest with another \$250 donation, making over one dozen operations funded over the last few years. The reference to a dozen becomes relevant when you realise that the fundraising is achieved through the progressive auction of a dozen eggs each week.

We have also just held a successful careers evening and have many plans for the next few months and into next year.

If anyone is interested in attending a Rotary meeting to listen to our fantastic guest speakers or social events please contact President Eb 5427 1629.

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Landcare news

BIG NEWS! Woodend and Five Mile Creek Landcare Group has ceased to exist! No, our work hasn't finished, but we've changed our name. We are now Woodend Landcare. The members present at the Annual General Meeting approved the change, which was put forward by the Committee. We think it reflects the truth that we are fully part of the whole Woodend community, and that our work is for the whole town. It's also simpler and shorter!

Planting days

We'll be very busy this Spring and we're looking forward to a good response to our two Community Planting days. These will be on September 27th and October 11th. There will be posters around the town, so look out for details.

There will also be two days of planting by our local Primary Schools, for which funding has been provided by Councillor Henryka Benson (St Ambrose School) and the Macedon Ranges Shire Council (Woodend Primary School). These will be on weekdays, but we could still do with some help, if you have time.

Also, Bert's crew, on Quarry/Sullivans/Bowen Roads, are back at work most Thursdays. Contact numbers for works along the Creek are: Jo 5427 1909, or Peter 5427 3221. Contact number for Bert is 5427 1520. Don't forget, there's a Creek Working Bee every month, usually on the fourth Sunday, although last season we trialled a Friday evening one.

The July "Bee" drew a total of 16 people and was a perfect illustration of the old saying "many hands make light work". And the morning tea is always worth coming for!

All news items, articles and community news columns must be received by 15th of each month.



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Upcoming Feature and Notice to Advertisers

The *New Woodend Star* will print a special October feature about Woodend and surrounds. If you're a local business with something special to promote this spring, we invite you to place an advertisement and/or editorial in this feature. For information, phone Alexia on 5427 3092.

The *New Woodend Star* would also like to remind advertisers and contributors that the 15th of each month is the deadline for submissions. Advertisers should be sure to get any modifications in prior to the 15th, or earlier if possible. This will ensure that your contribution or advertisement is included in the next edition. Email is always preferred: sales@collierooffice.com.au

The Macedon Ranges Wellness and Longevity Group

Monash University – Medicine, Nursing and Health Science is conducting a research project that is looking at the use, cost and benefits of complementary and alternative therapies by people with Type 2 Diabetes and/or Cardiovascular Disease.

We are seeking both therapist who support clients, and clients who use CAM to support these illnesses. If you are interested in becoming part of the study group, or would like more information, please call Jennifer 1300 737 146.

The WRW&LG have received a small grant from the shire council to assist with incorporating the group; with the long-term aim of seeking funding for community projects and research work.

Following talks with the G9 Expo committee, our planned annual Health and Wellness Expo will be combined with this year's G9 event, which will be of great benefit to all. Any complementary or natural therapies practitioner who would like more information, or would like to participate in the Expo please call Marianne 5422 6837.

Group member Jennifer McDonnell has been invited to teach and consult in America. A 5-week trip to Santa Cruz will include: talks, seminars and consultation work, with several community radio and television engagement booked. Also planned is a meeting with Dr Rachel Adbrams who has established the Santa Cruz Integrative Medicine & Chi Centre and is considering investing in a centre in the Macedon Ranges area.

We are interested in hearing from any therapists or people who would like to join us in: "Making Our Ranges the Premier Healing Destination."



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She lay on the couch, trembling and searching his soul, searching for a clue to his thinking. His large strong warm hand gently probed her right breast. The hand of experience she could tell had done this many times before. Eventually his soft voice broke the silence with three little words. "Where's the lump?" With a red marker he drew a cross and admitting that he thought it was nothing, and sent her for a scan.

She lay on the couch, relaxed and jovial, trying not to disturb his thinking. His young hands fumbled with the machine, and his inexperience slowed the process down. Remembering pregnancy scans too numerous to mention, she joked "at least we're not looking for heartbeat this time". He misunderstood and commented that he couldn't see a heartbeat. She smiled at the nurse as they both wondered: "should we tell him the heart is on the other side?"

She lay on the couch in front of the flickering fire, wondering about the pain in her ribs. Content with a clear report from Breast screen, she looked for other options. She draped the lace and wire bra on the floor as she'd done many times before, admiring its beauty, but cursing its restrictions. Can't live with 'em, can't live without 'em. The upside? A pretty bra under 3 layers of clothing. The downside? Pain, discomfort and an ill fit.

She lay on the couch at the cocktail party, scanning the crowd and the goods displayed for the Woodend Women Walking fundraiser. Recalling the man with the gentle hands from 3 days earlier, she knows she had to do it. She made an appointment to see the bra ladies who claim that theirs are like slippers in a world of stilettos.

Done with stilettos, she opted for the slippers.

Say lay on the couch, and remembered an hour or two later "Oh, I'm still wearing a bra". The pain had gone.

Submitted by KM on behalf of Bodywise Underwear

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News from Newham

The daffodils are coming up, new shoots and longer days mean Spring is on its way but so is Summer. In light of the fact that it is said this summer will be as bad as the last have you started to think and prepare yourselves in case of fire? Please don't leave it to the last minute and if you need help or advice get in touch with the CFA. They are always available on Sunday mornings so hop down to the shed – you will be welcomed. Please remember too that the CFA are not there to save your house – this is up to you to do, so we need to get ready now. Firebans generally come in at the end of October so you won't be able to burn off after then.

The General Store opens on Saturday @ 8am and Sunday @ 9am. Could everyone make a note of these times and please not knock on the door any earlier. Michael and Julie have a baby who needs to sleep as babies do when it suits them and not when people want their milk, paper or a cup of coffee – I think the saying is "have a care!"

Newham Landcare held its AGM on the 14th August with a very interesting talk by Phillip Flannigan on migratory birds loving organic coffee in Costa Rica where he has done volunteer work with the University of Georgia. Landcare has won 2 awards due to the untiring effort of Penny Roberts. There are big changes due to the way funding is available through the Federal Govt. This will see Landcare groups needing to work together as larger groups to obtain funding for larger amounts of money.

Garden Club will be having a spring planting and clean-up session at Wesley Park on September 26th and Community Planning would like anyone interested in helping to do some renovating work on the roundabout outside the General Store to give Hilary a call on 5427 0795. There will also be a bird walk at Hanging Rock on October 17th.

The school is into fundraising mode for their music room which wasn't funded as part of the new building. You can buy a brick with your name on it for \$40 – forms available at the General Store. Wouldn't it be great if all the current members of Newham – all 251 households bought one, it would be a serious historical statement! The School Art Show is on October 10th and the Annual Market is on 14th November – would you like to have a stall? contact Newham Primary 5427 0235.

The Newham Arrow needs contributions – narrow@exemail.com.au and Newham now has its own a website which our community groups can link in to if they wish – contact Stephen at info@newham.viv.au

And last but not least – the Hall. The AGM elected 2 new committee members – Michael Quinn and Sally Stabback. Our sincere thanks to Nick Massie and Jenny Waugh for all their help. We continue to plod on with our works, there have been difficulties as there always is with building projects, have you ever known of one that doesn't?? Whilst we are behind on completion date we are assured by Nick Massie for the Shire that we will be ready for the Grand Opening on 4th December. Once the building works are completed the bicycle septic goes in followed by the civil works. If you have questions have a talk to Nick – he, or any other committee member will be happy to explain. If you have made a booking for the Hall please contact Fran Spain on 5427 0661 or Val Sutton on 5427 0387 as we still do not have a definite completion date.

submitted by Sally Stabback

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The Show

"Have any of us ever actually won anything at the local Show?" This was the conversation with some relatives the day before.

I muttered something about Dad's silver tea service at home, for a 1953 wheat crop, and a few Pony Club ribbons from the 70s – though I suspect one was a sympathy vote.

It was the 'Schooled Pony' who shamed the clan when he shied at sights unseen and dumped rider fair on her behind in front of the assembled masses at Ring 3, and shattered her tooth. The ribbon was reward for the fact that he didn't actually grind her into the dirt, and it is remembered often – usually as the dentist tries to reconstruct my – I mean her – tooth.

But it was the Uncle who surprised us all when he peered over his cup of tea and gently revealed, "In 1938, I got 2nd in the Handwriting". Beaten by an Uncle from the other side of the family, I was stuck with divided loyalties. Adhering to the 'when at a man's own table' rule however, empathy had to lay with the host, so I proffered another lamington as the cousins collectively wondered how we never knew of this.

The following day, we parted with \$11 to a white coated volunteer, and beat a path to the Craft Pavilion to check out the baking, needlepoint, and handwriting – which surprisingly still exists in this computer age. It held little ground though, against the lure of old school friends and fresh hamburgers at the Lions Pavilion.

This startling trip involved passing the Animal Nursery where a screeching pig and a screaming child created unusual harmony, matched only by the thrills and hysteria of the newly crowned Miss Showbag.

Lunch was in full swing with kids 'n' cakes 'n' cups of tea, and money transferring into little hands for just one more bag of fairy floss. Ew.

Somewhere amid the din and the dust, an old bloke cornered a committee member demanding the inclusion of a Veteran's handwriting competition next year, and Master Tiny Tot was consoled by his cooing grandmother.

Nobody seemed to know what had happened to the pig.

Submitted by Kathy Mexted, Freelance Writer

Well done Kathy

Kathy Mexted is a freelance writer, wife and mother of three. as well as a regular contributor for the *New Woodend Star*. On Saturday 22nd August an article by Kathy was selected and printed in *The Weekend Australian*, reaching a potential two million people. Well done and good luck with your future writing endeavours.

The committee of the *New Woodend Star*.


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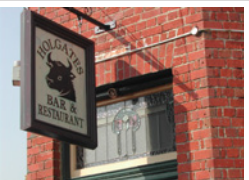
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Upcoming Events & Meetings

September

- 2 R.S.L Quarterly General Meeting 7.30pm
- 2 Indigenous Literacy Day
- 2 New Leaves Woodend
- 3 Woodend Auxiliary KDHS Special Lunch
- 3 Macedon Ranges Footsal
- 3 Woodend Red Cross Unit meeting, SES building
- 3 Green Thumbs Friday Permaculture Garden Woodend
- 4 Senior Citizens 10.30 General meeting, 1.30pm Cards
- 5 Chinese Medicine at Kerri Hall
- 6 Paramoor Farm Fayre
- 6 Home Produce Exchange, Permaculture Garden Woodend
- 10 Woodend Auxiliary KDHS AGM
- 11 Macedon Ranges Futsal Grand Finals
- 11 Green Thumbs Friday, Permaculture Garden Woodend
- 11-14 Buda-Fest, Castlemaine
- 13 Te Deum, St Ambrose Church 3pm
- 3rd Sunday Woodend Lions Club Sunday Market
- 25 Green Thumbs Friday Permaculture Garden Woodend
- 29 Lancefield Farmers Market

October

- 2 Senior Citizens Annual General Meeting 1.30pm
- 4 Daylight Savings starts 2am
- 14 National Ride to Work Day www.bv.com.au
- 17 Summer Futsal Registration
- 24 "A Great Night Out" Cambodian Kids Foundation Dinner, Mt Macedon
- 25 Woodend Teddy Bear Show, St Ambrose Hall

November

- 7 Kyneton Croquet Annivesary
- 14 Annual Market Newham Primary
- 29 Athol Guy & friends at Noah's Inn, Tylden

December

- 4 Newham Hall Grand Opening 11.30am
- 5 WOOMBA festival

COMMUNITY GROUPS CONTACT DETAILS

- Australian Breastfeeding Association, Heather 5427 2398
- Cobaw Thursday Walking Group 5427 3340
- Daylight Masonic Lodge, 5427 2480
- 1st Woodend Scout Group, 5427 3788 Sarah
- Friends of Macedon Ranges Library, Chris/Bill 5427 2469
- Garden Club 5422 6062 / 5427 3340
- Living Word Christian Church 5429 6327
- Historical Society, Courthouse, 5427 2523
- Macedon Ranges & District Motor Club, 10 Webb Cres, New Gisborne 1st Wednesday each month 8pm
- Macedon Ranges Animal Aid, Buffalo Sports Stadium, 5427 1752
- Macedon Ranges Bridge Club, 5427 4440
- Macedon Ranges Families of Children with Disabilities Support Group, 5427 3365
- Macedon Ranges Residents Assc. 5427 1481 or 5427 2651
- Macedon Ranges Communicators (ITC), 5427 2669
- Macedon Ranges Photographic Society, 1st Tues of month, Ron Mathews 5427 3284
- Macedon Ranges Social Club (activities for singles over 35) phone 9740 5517 or 9744 2697
- Probus, 5427 2003
- R.S.L., Anslow Street 5427 3122
- Red Cross, 5427 1260
- Rotary Club of Woodend, meetings weekly at Vic Hotel Thursdays 6.45pm, Kai 5427 1029
- St. Mary's Guild, 11am, 4th Wednesday of month
- St. Mary's Street Stall, 9-12 noon outside Woodend Newsagency (2nd Sat of the month)
- Woodend Landcare Group, Jo 5427 1909 or Doug 5427 0666, 3rd Tues Meeting, 4th Sunday Working Bee
- Woodend Angling Club, RSL Hall, 5427 2395
- Woodend Art Group, Railway Station, 5422 6172 or 5427 1659
- Woodend Business & Tourism Association, Cori 5427 3434, 2nd Tues of month (BATA)
- Woodend Lions Club, Meetings 2nd/4th Wednesday each month, ph Janelle Roberts 5427 1342
- Woodend Model Railway Club, Buffalo Stadium
- Woodend Pony Club, 5427 2793

- Ian Marks Liquor 5427 3961
- Blue Orange Concepts: homeware 5427 4500
- Woodend Pizza & Pasta 5427 3777
- Coles Supermarket 5427 2377
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A Tidy House is a Safer House

We talk regularly about the need to keep our properties clear to reduce the dangers of a bushfire, but it is becoming increasingly important to keep the inside of your house clear to reduce the dangers of a house fire.

There have been several major fires in Melbourne recently involving houses that were full of newspapers and bric-a-brac that not only made the fire fight difficult, they actually added fuel to the fire and also increased the dangers of the occupants. In fact, there have been several fatalities where occupants were unable to get out of the house due to the clutter.

One fire in Altona, only a few weeks ago, caused over \$100,000 damage. Fire fighters were called to the house in the early evening, and they struggled to contain the blaze because the house was full of items hoarded for over 40 years.

Every room of the weatherboard house, bar one, was filled with newspapers and other items dating back to the 1960s, making it difficult for fire fighters to tackle the flames. The ceilings of the house also began collapsing after water-soaked newspapers became too heavy for the roof timbers to support.

The occupant was lucky to be rescued by fire fighters wearing breathing apparatus, but did suffer from smoke inhalation.

A Growing Danger In The Macedon Ranges

This problem isn't restricted to the metropolitan area. In fact, it appears to be a growing problem here in our own community.

Woodend CFA volunteer Steve Rumble has been to many different homes around the region and he has noted an increasing number of homes that are becoming more and more cluttered – just like the one described above.

“As a volunteer fire fighter I have been to several major house fires over the years and I know how a fire burns and spreads more rapidly in the ‘wrong’ conditions.” said Steve.

“I have recently noted that more and more homes in our area are becoming more and more cluttered inside, with people storing ‘stuff’ in all of the wrong places. And it's not just the older people, I have seen homes of young families that are dangerously full of flammable materials in rooms and corridors.

“I have even seen homes where boxes are piled up in doorways, making it virtually impossible to open the door.”

Clutter is dangerous

We should all be aware of the dangers of fires 'starting' inside a house, but clutter is a serious issue in regard to a fire 'spreading' inside a house, and increasing the dangers in many ways.

- It creates an environment where a fire can catch more easily ... and potentially cause fatalities
- It adds fuel for the fire to burn more severely
- It makes it more difficult for occupants to safely get out of the house – especially in the dark
- People are therefore putting themselves, their families and their friends in greater danger
- It makes it difficult for fire fighters to move easily into the house to investigate the fire ... and more importantly to undertake search and rescue
- If a house fire is going to burn more severely, it also adds dangers to neighbours and neighbouring houses
- Clutter around the outside of a house can be equally dangerous for exactly the same reasons

We have already been to several house and shed fires where hoarding, especially of old newspapers and magazines, has dramatically increased the intensity of the fire and made the fire fight far more difficult.

"I am sure some people don't realise the dangers they are creating for themselves," added Steve. "It's something that grows over time, people adding things bit by bit, until it starts to get out of control."

Thanks to Woodend Rotary

I recently attended a dinner held by the Rotary Club of Woodend where they presented the brigade with a cheque for \$8,000. The Rotary Club has been a long term supporter of the CFA, and this is another in a long list of generous donations they have made over the years. The Club is involved in a wide range of fantastic causes, here and around the world, so please give them your support.

Thanks to the Top Shop

Sam Giampoalo of Woodend's 'Top Shop' has raised over \$1,000 for the Woodend CFA by placing a collection helmet on his counter and also giving a donation for every burger, and some other food, that he sold during a certain period. Sam has other fund-raising ideas planned for the future, including a special Pizza Drive, so please give the Top Shop your support. A top effort!

The funds will be well-used

The Woodend CFA operates a fleet of vehicles to service our community, but not all of them are fully-funded by the CFA. In fact, three of our vehicles are actually purchased using funds raised by the brigade itself.

Our next major project is the replacement of Tanker 2 in the near future. The current tanker has served us well, but the time has come for an upgrade to ensure we can maintain the best fleet possible. The cost of a replacement will be around \$300,000, and the brigade will have to raise the major contribution towards this total. Hence the importance of donations such as those above, and fund-raising activities such as the raffle below.

Don't miss your chance to win a holiday to beautiful new Caledonia

Tickets are still available in our fund-raising raffle, with the prize being an \$8,000 holiday for two to New Caledonia and funds supporting all CFA brigades in the Mt Macedon region. All of these brigades are open every Sunday morning, so make sure you call in and buy a few tickets. Why not get a book

of 25 tickets and sell some to your friends – remember all proceeds support your local CFA.

We will also be attending local markets and events over the coming weeks where you can also buy tickets. Or you can find out how to get a ticket by visiting the Woodend CFA website: www.woodendcfa.org where you can send an email from the website to request a ticket or email: m.dornau@dornau.com.au to order tickets.

Entries close October 31, 2009 and tickets are selling fast ... so don't miss out.

For further information contact Captain Mick Christie on 0419 870 601 or 1st Lieutenant Mike Dornau on 0409 093 935, call the Woodend CFA on 5427 2356, visit the station in Urquhart Street or our website: www.woodendcfa.org.

The Woodend CFA is a volunteer emergency service, committed to Creating a Safer Community.

Submitted by 1st Lieutenant Mike Dornau, Woodend CFA

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Prayers in the Paddock

As you head out of Daylesford towards the hamlet of Little Hampton, you are confronted with fire-scarred trees disturbingly close to the road and to homes.

Like so many parts of Victoria, not only have the central Highlands been touched by the February fires, the land continues to struggle under the long term impacts of drought.

Whilst many people care deeply for the earth it can be difficult to find avenues to creatively express this concern with others. As Spring dawns, there will be space in the paddock at Little Hampton on Saturday 12th September to be still, to commune with the Divine and together celebrate the earth's beauty, lament its suffering and share concerns for its future care.



All are welcome to be part of any, or all, of this day.

From 11:00am 12:00 midday we will gather together outside in the paddock to share in song, story and prayer for the earth.

From 12:00 midday until 4:30 the little wooden church in the paddock will be open, providing space for people to come in their own time and way to have some quietness. People may choose to make some art, offer prayers, write some thoughts, sit a while or light a candle in the stillness.

For those who wish to, throughout the day from midday on, there will also be the opportunity to meet friends and strangers around the bonfire and share in some food together. "No pressure. No expectations. No need to book" says minister Rev. Sally Douglas. "Just a day with some space. Sometimes I think we all can long for a day like this."

Prayers in the Paddock is an initiative of the Highlands Cluster Uniting Church. If you would like more information please call the office on 5348 2119 or go the webpage www.highlandsclusteruca.org.au

Little Hampton is approx. 3km out of Trentham on the Daylesford-Trentham Road. VicRoads Ref: Page 59 7F.



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Hosted by Tartan Tours, the professionally guided shopping tour will be on Saturday, October 10th. The coach will depart the Woodend Clocktower at 7am and return about 7.30pm.

Cost is \$55 and includes a 2-course lunch & glass of wine, homemade morning & afternoon tea & raffle prizes.

RSVP with payment by September 19th. Bookings via Cath on 5427 3422 or email catdawe@bigpond.com; or Nadine 5427 1571, nhartnet@bigpond.net.au

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Massed Choir in Woodend

The Gisborne Singers and The Geelong Chorale have joined forces to form a combined choir of over 70 voices to present Anton Bruckner's grand setting of the *Te Deum*, an ancient Latin hymn. This will be a rare opportunity to hear the composer's major sacred work with a full orchestra.

When they were invited to join The Geelong Chorale and the Geelong Community Orchestra for a performance of Bruckner's great work, The Gisborne Singers promptly asked those two groups to reciprocate with a visit to Woodend. So the performance at St Ambrose Hall at 3 pm on Sunday 13 September is the first of two performances of this lush and dramatic choral piece. The Gisborne Singers will travel to Geelong to perform the program at the Wesley Uniting Church on the following Sunday.

When fellow composer Gustav Mahler first heard Bruckner's *Te Deum*, he declared that it was "a work for the tongues of angels, heaven-blest, chastened hearts, and souls purified in the fire!"

The singers are indeed called upon to demonstrate the full range of their voices in this expansive work which



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moves from sweet lyrical passages to powerful anthem-like sections in the space of a couple of bars.

Bruckner's *Te Deum*, composed in 1884, is ideally suited for a larger choir because the music is often divided into eight parts for the choir and scored for a large symphony orchestra.

The choirs will be joined by the Gisborne Singers' favourite soloists; Catherine Northey, Lynlee Williams, Peter Mander and Manfred Pohlenz. Gisborne Singers' Musical Director, Stephen Brockman, will conduct the *Te Deum* and Allister Cox, Musical Director of The Geelong Community Orchestra, will conduct the GCO in a performance of Schubert's Unfinished Symphony, one of the most popular works in the classical repertoire. The program will also include choral music by Sibelius, Fauré, and Samuel Barber.

A Gisborne Singers' concert would not be complete without a generous afternoon tea. Tickets for the concert are \$25 for adults and \$20 for concessions. For bookings please contact Liz on 5426 2467.

For more information about the event please contact Chris Cocklin on 5428 1318 or 0413 00 3254.

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Plans begin for street festival

The Woodend Business and Tourism Association has begun planning for WOOMBA 2009, the town's annual pre-Christmas street festival.

Once again the main street will be buzzing with various stalls, children's activities, live family entertainment and a colourful community parade. Local businesses will be given first preference for stalls.

The festival will be held on Saturday, December 5 from 10am to 3pm.

Individuals, schools and groups are invited to schedule performances and showcase their talent on an Open Stage.

High Street and the service roads between Anslow and Forest Streets will be closed. As in past years, Color Me Cooper is donating flags to add to the atmosphere.

Businesses and community groups are encouraged to create floats for the parade or join the marching procession. The festival committee is happy to offer ideas.

For more details or to register your interest in helping organize this year's WOOMBA or be involved on the day, please contact Julie on 5427 2250 or email: wilsonannan@mac.com.

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The next ADFAS lectures will be in September and October. The first will be at 7.30pm, Thursday, 3rd September at the Kyneton Town Hall.

The first lecturer is Ms. Jeanne Dolmetsch LRAM, a member of the famous musical family Dolmetsch, grand daughter of Arnold Dolmetsch. Jeanne plays the recorder, viol, harpsichord, violin and piano, specialising in recorder and viol. She performs worldwide as a soloist and in company with her sister Marguerite, they form the nucleus of the Dolmetsch Ensemble.

Jeanne's lecture, "Manner and Music", will transport us to the 18th century through elegance, wit and satire, fashion and manners. Time will be spent with De Foe, Jane Austen, Horace Walpole, Thomas Gainsborough and Pope, and the music of that period will accompany them.

At 7.30pm, Thursday, 8th October, Kyneton Town Hall, Professor John Prag will speak on "The Alderley Edge Landscape Project: From Sleeping King to Cotton Kings".

John Prag was Keeper of Archaeology at the Manchester Museum, University of Manchester 1969-2004. He has several professorial and research positions and is on the Councils of the British School at Athens and the Society for Libyan Studies, and the Advisory Board of the Warburg Institute, University of London.

John will speak about the discovery of a 4000-year-old wooden shovel in 1875 at Alderley Edge in Cheshire, and the unearthing of further artefacts. These discoveries began an archaeological venture to see the physical and human landscape of Alderley. John was asked to co-ordinate this research.

The complex history of Alderley Edge will be revealed through geology, archaeology, mining and social history. The legend of the sleeping king and the journeys of the cotton kings of Manchester will unite. As an outcome of this academic research a website has been created as a learning resource through history, geography and storytelling which will help create a sense of identity with the past.

Woodend Red Cross Unit

The next meeting will be the 3rd September, at the S.E.S building. We need as many members to attend to discuss future fundraising activities.

New members always welcome.

Submitted J.P & P.W



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Experience a morning with Chinese Medicine

The Old Kerrie School Committee cordially invites you to experience a morning with chinese medicine, An opportunity to hear about and ask questions regarding aspects of the philosophy and practice of Chinese Medicine. The guest speaker is Peter Gigante, Chinese Paediatric Specialist C.B.M.V. Reg'd. The morning is to be held on Saturday 5th September at The Old Kerrie School from 9.30 am to 12.00 noon. A great morning tea provided. \$10 per person (\$5 concession). For information please contact Marlene on 54 270202 or Beth on 54 295064

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"Music is not an occasional social function – it's a basic necessity to have a civilised life and be a civilised person in a civilised world." Isaac Stern

Woodend Art Walk – 3rd Anniversary this September!

The Woodend Art Walk is three years old this September! The Art Walk involves four venues in Woodend's busy shopping and business area. Each one features a number of original art works by members of the Woodend Art Group. The participating hotel and café-restaurants include Holgates Brew House, Bites Deli & Larder, Schatzi's, and Templetons.

Since starting 3 years ago, the Art Walk has been most successful with many people visiting the Art Walk venues, viewing and purchasing the paintings. The venture got off the ground with seed funding from the Macedon Ranges Shire Council and is now self supporting.

A brochure is available from the Woodend Information Centre and participating Art Walk venues, showing the location and special features of the Art Walk hotel and café-restaurants. So if you haven't already explored the Art Walk you could treat yourself to a coffee & cake & view the wonderful paintings.

The Art Walk has added to the artistic ambience of Woodend and provided the Woodend Art Group members with a "Gallery" for their work.

Any queries please contact Jenny Shaw on 5427 2423.



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Woodend R.S.L Women's Auxiliary

The new time for our Auxiliary meeting on Saturday morning proved to be a success with most of our members present. We are pleased to welcome our newest member Barbara, we celebrated her arrival with a very nice morning tea. Helen supplied a lovely soup which was enjoyed by us all as well as other members supplying cakes and sandwiches. Thanks to all.

Our newly renovated kitchen looks lovely and our thanks to the boys and girls who have worked so hard to make this possible.

The Dutch Auction conducted by popular Helen Roberts was a huge success and we plan to hold another one possibly March next year. So, girls save up all your saleable goods for this one.

We had the pleasure of having St Mary's Guild use our hall for their fundraiser on Wednesday 12th and would like to inform any other Groups that our hall is available for any fundraising they wish to hold. Our rates are very reasonable so take advantage of our hospitality.

The recent Wood Raffle for the Auxiliary was won by Mrs Emma Matheson of Woodend. Our thanks to all who supported our raffle.

Our Auxiliary are still looking for new members. Any ladies of any age who are willing to spare a couple hours a month will be warmly welcomed and now that the weather is getting warmer we have plans for lots of activities and events.

A number of our members are still on the sick list and our thoughts and good wishes go to Stella, Barbara S, Margaret W, Lola and Marie. We were all saddened to hear of the passing of long time member Merle, your cheerful smile and happy nature will not be forgotten.

Our next Auxiliary meeting will be held 10.30am Saturday 12th September. Lovely to see such a turn up last meeting. Hope to see you all again at this one.

Submitted by Betty J Barned, Secretary Auxiliary

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Woodend Auxiliary of the Kyneton District Health Service

Our Group has two events happening this month –

First: A "Welcome to Spring" Champagne and Basket Luncheon, at the RSL Club, Anslow Street, Woodend on Thursday 3rd September Commencing at 12.30pm.

There will be Smocking, Cardmaking & Scrapbooking demonstrations, a Mary Kay makeup display, a raffle with multiple prizes, and lots of spot prizes. If you're joining the fun, please phone Marjorie on 5427 1909 by August 28th.

Second: Our Annual General Meeting

At the RSL Club, Anslow Street, Woodend on Thursday 10th September Commencing at 1.30pm.

The guest speaker will be the Chief Executive Officer of the Hospital, Jennifer Gale, who will tell us about the Hospital's activities. The usual excellent lunch will be served.



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Kyneton Croquet Club

Kyneton Croquet Club will celebrate the 80th anniversary of the croquet club house on Saturday 7th November, from 10 until 3pm including a BBQ luncheon, when the club intends holding an open day. Members of our community will be invited to join with our regular members to play croquet and join in a social day.

We trust that the benefits of this fascinating and skilful game will become apparent to our visitors and that they may feel inclined to become members of this happy and lovely setting.

Kyneton Croquet Club at 133 years of age is the oldest body of this sport in Australia. Our present membership is 22, and the club has two well grassed courts available and members are happy to teach any prospective members.

Submitted by Norma Proctor

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Macedon Ranges Potters

"Spring into Spring" is the theme for a pottery exhibition to be held by The Macedon Ranges Potters inc. at The Gallery 684 Mt. Macedon Road Macedon (next to the Trading Post) during the opening month of Spring in September. The group has been exhibiting together for a number of years, producing a Diverse range of both high quality sculptural and functional work.

The Spring season in the Macedon Ranges is a stunning vista of flora in the heritage gardens on the Mount and the group are hoping to capture the essence of this season with their display of work produced in terracotta, stoneware and porcelain clay.

You can meet the artists at the official opening at The Gallery on Saturday 5th September at 2pm. Refreshments will be served for your added enjoyment.

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Cancer Support

The Cancer and Natural Therapy Foundation, established in 1993, is a non-profit, registered charity organisation. Its aim is to self empower people through active participation by assisting them in acquiring knowledge and understanding of a wide range of natural therapies so as to enable them to make 'informed choices.' The Foundation endorses an integrative approach to health where both natural therapies and conventional treatments are equally respected according to individual's choices.

The Cancer and Natural Therapy Foundation provides the following services and resources: information and referral, resource library, professional counselling and support, guest speaker program, support groups, reiki healing, ifas treatment, quarterly newsletter, self help workshops and educational film program.

Weekly Support Groups:

Health Awareness Support Group, offering meditation, reiki healing and general discussion on natural therapies and preventative medicine. Tuesday 7.30–9.30pm.

Self Empowerment and Healing Support Group, for "confidence building" and "positive living" Thursday 10.00–11.30am

Courses and Seminars:

Health Seminar – "The Power of Hypnotherapy" by Kevin Grise, Certified Hypnotherapist and Stage Hypnotist. Kevin will explore hypnotherapy as a healing method for overcoming ailments and illness. Tuesday 29 September, 2009, 7.30–9.00pm. Cost: \$12 (refreshments included).

Bookings/Enquiries: 9740 9921 or 0411 100 947.

4-week Course in Positive Thinking, date to be confirmed.

All Support Groups, Courses and Seminars are conducted at the Neighbourhood and Community House, Elizabeth Drive, Sunbury. Phone: 9740 9921

Thanks! From the Asylum Seeker Resource Centre

Many many thanks for the contributions to the Asylum Seeker Resource Centre's foodbank in July. This is a note from one of our members Madhu: *I just wanted to thank you heartily for your sacrifice and generosity in affording aid for those most in need. I have been receiving aid from the ASRC for the past 2 years including weekly food and grocery items. It has been helpful beyond words and in essence is the kind of support that allows many unfortunate or unemployed asylum seekers like myself regular life and survival. Thank you very much for your continual support and I hope you will receive the blessings of many others for your kindness.*

Regards, Madhu

Submitted by Rosie Baker

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Ashbourne Landcare

Ashbourne Landcare has just prepared a five-year plan with an ambitious range of projects. The group hopes to continue to provide assistance to landholders to get rid of their gorse, fence off the river from stock, survey the native birds of the area, preserve and plant native vegetation to encourage wildlife and improve biodiversity, while farming in a sustainable and profitable manner. The group will continue to invite informed speakers and maintain the Ashbourne Reserve, which is an important little piece of unspoilt river and native vegetation. Ashbourne Landcare welcomes new members at any time – please phone Geoff on 5427 1325 or Jane on 5427 1741.

Grants available for volunteer community organisations

There are many fantastic community groups with highly experienced and passionate volunteers in the Macedon Ranges who work tirelessly to serve our community every day.

To assist, the Victorian Government provides Volunteer Small Grants of up to \$5,000 to help these groups to attract new volunteers and develop programs to keep their existing volunteers. Many local community groups who have applied for these grants have been successful.

Groups can apply for the Volunteer Small Grants at any time. If you are planning to submit an application to this program, please contact my office on 5428 2138 for a letter of support.

For more information about the program, telephone the Victorian Government's Grants Information Line on 1300 366 356 or visit: www.grants.dpcd.vic.gov.au

Submitted by JOANNE DUNCAN MP
State Member for Macedon

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Heritage Society News

Have you discovered the Family Heritage Walk? I suspect that most readers of this column will know all about it but just in case you haven't got round to exploring it as yet, I'll repeat the details once again.

The walk was an initiative of the Woodend and District Heritage Society and begins at the back of the courthouse in Forest Street Woodend and winds its way down to the Five Mile Creek.

Begun in 2001 with the planting of a 'Federation Tree' there are already over fifty plaques, each with its individual black she-oak tree. On these plaques are recorded the stories of people who have made some form of contribution to the area. Some plaques record the contribution of early pioneers, others of people who are still living and working in the district today. Various organizations have also taken the opportunity to honor one of their members or to record the contribution of their group to the community. Every year new plaques and trees are dedicated and added to the walk during a special ceremony. In past years, this was held following the main Australia Day celebrations. Next year, as the Heritage Society is no longer organizing the Australia Day events, we will be holding the Family Heritage Walk dedications on Sunday 18th April.

If you would like more information about having a plaque and tree in the Family Heritage Walk please contact us as soon as possible. To obtain an information kit, please ring 5427 1893. Completed applications must be in our hands by the end of September.

Work is well underway on two new publications. Following are very successful gathering which focused on Ashbourne, we are collating still more anecdotes and records. If you have any reminiscences or photographs to add, please drop them in to the Woodend courthouse on a Wednesday or leave them in our secure posting box on the courthouse verandah. Our postal address is W&DHS, PO Box 124, Woodend 3442.

W&DHS members who receive "Heritage News" will be pleased to hear that we are planning to have "Shirley's Story" published in time for Christmas.



Members of the Plant family dedicating a plaque and tree to their family members at this year's ceremonies.

Welcome to the Woodend Star Kids Club September Birthdays

| | | |
|------|-----------------------|----------|
| 2nd | Jarrod Still | Turns 10 |
| 4th | Holly Mcleish | Turns 9 |
| 9th | Jack Turner..... | Turns 7 |
| 10th | Thomas Lamb..... | Turns 13 |
| 16th | Lachlan Ormerod | Turns 6 |
| 17th | Fletcher Cooper | Turns 3 |
| 19th | Mikeely Lever..... | Turns 7 |
| 21st | Jayden Merlo | Turns 6 |
| 22nd | Rebecca Evans..... | Turns 11 |
| 26th | Matilda Rice..... | Turns 9 |
| 29th | Sarah Bennett..... | Turns 13 |

Happy Birthday Everyone!

JOIN THE WOODEND STAR KIDS CLUB

Fill in your details below and place in the drop-boxes. Age limit is restricted to 13 years old and under.

Full name: _____

Address: _____

Date of Birth: _____ Age: _____

Phone: _____

Parent/Guardian Signature: _____

**You can collect your birthday surprise
by visiting Collier Office & Business
Assist in the Woodend shopping centre**

Applications Closing For Plaques And Trees Along The Family Heritage Walk

30th September is the closing date for applications.

Please ring Rosemary on 54271893 for further information. Dedication ceremony Sunday 18th April 2009 Ann Johns (5427 4332).

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SPORTS NEWS

Kindergym

Come along Friday mornings to the Buffalo Sports Stadium Woodend for fun, exercise and dance.

The centre runs 2 classes Friday mornings 6 months – 3 years at 9.30am and 3–5 years at 10.30am.

Get your kids interacting with others and play in a safe and controlled environment. Bring along mothers groups, playgroups friends and family to Kindergym

First class is free! For more information call the Buffalo Sports Stadium on 5427 3411.

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Woodend District Netball Club — Annual General Meeting

The Annual General Meeting of the Woodend District Netball Club will take place in the meeting room of Buffalo Stadium at 7:30 pm on Thursday, 15th October 2009. We welcome all interested parties to attend the meeting, in particular anyone wishing to join the committee or help out in any capacity. For information, please contact Joanne Green 5427 3696 or Wendy Lawrence 5427 1697.



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Hanging Rock Tennis Club

Come join us for some fun this summer. We want you and your mum, dad, brothers, sisters, aunties, uncles, grandparents, and every one of your friends to come play tennis for Hanging Rock. We are a friendly little club at Hanging Rock, very family orientated and fun.

We would love you to put together a team or just join the club and we will welcome you into a team. All ages and abilities are welcome! Juniors play Saturday mornings and seniors Saturday afternoon. Junior teams consist of 4 kids, Senior Summer teams consist of 3 men and 3 women. We need to enter teams by 5th September 2009.

Give us a call and we will help you sort it all out. It's so much fun, good exercise and you will make great friends Catherine Barker 5427 4854 / 0448 576 221 (Juniors Sat comp).

Submitted by Amanda McFadden



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